

# smart Health Report

An Insightful Health Analytics Report  
for Easier Understanding



Prepared For

Name

Gender

## Your Health at a Glance – A Personalized Journey

### Report Sections

- 1 Body Summary**  
A visual snapshot of your overall health, simple and easy to understand
- 2 Quick Health Highlights**  
Your health scores and a single view of all abnormal results for quick attention
- 3 Lab Report Overview**  
Understand at a glance which tests are normal and which are abnormal
- 4 Personalized Health Advisory**  
Actionable insights and expert guidance tailored just for you
- 5 Doctor's Reference Report**  
Complete lab results with interpretations to share with your healthcare provider

### How to Read This Report

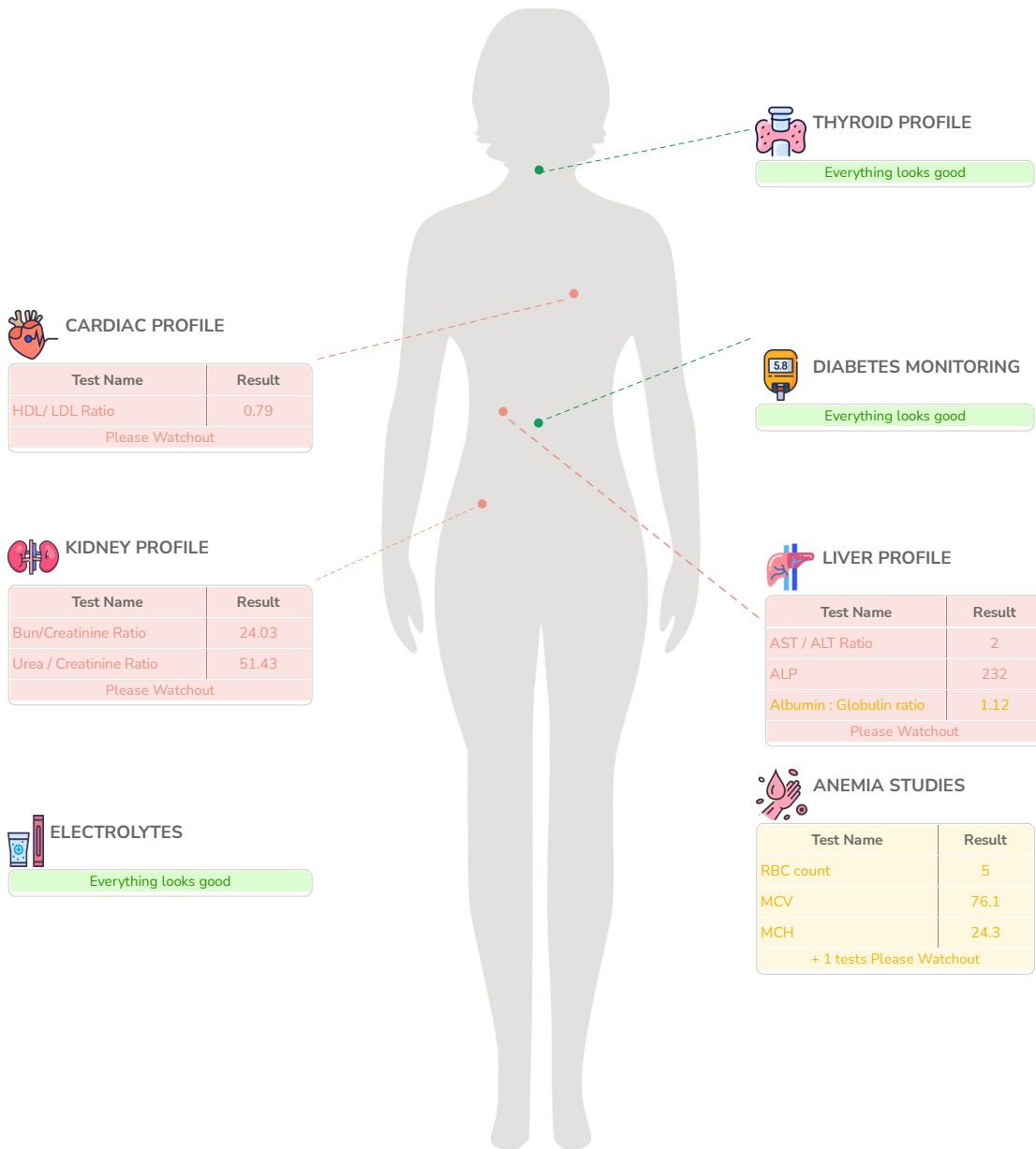
This comprehensive health report provides detailed insights into your test results. Each section offers different perspectives on your health status, from visual summaries to detailed analysis and personalized recommendations.

Name

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● All In Range    ● Borderline    ● Out Of Range

## Health Summary



Name

Gender

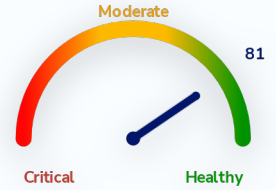
## Quick Health Summary

### Personal Insights - Health Score

81

Overall, most parameters are within normal ranges, indicating good general health. The Liver and Kidney profiles may affect your overall well-being, so consider maintaining a balanced diet and staying hydrated. Incorporate a variety of fruits and vegetables, enjoy fresh juices, and engage in regular activities like walking or yoga. Routine check-ups are beneficial, and please consult a healthcare professional if you notice any changes. Remember, small consistent efforts can lead to meaningful improvements in your health.

*Note - Higher scores tentatively indicate better health status*



### Summary of Key Health Indicators

Total Parameters Tested	Borderline Results	Out Of Range Results
84	6	6

### Health Status by Body System

Profile	Total	Borderline	Out of Range	Key Results
Liver Profile	15	1	2	<ul style="list-style-type: none"> <li>● AST / ALT Ratio (2)</li> <li>● ALP (232)</li> <li>● Albumin : Globulin ratio (1.12)</li> </ul>
Kidney Profile	10	0	2	<ul style="list-style-type: none"> <li>● BUN : Creatinine ratio (24.03)</li> <li>● Urea : Creatinine ratio (51.43)</li> </ul>
Blood Disorder	17	0	1	<ul style="list-style-type: none"> <li>● Abs. Basophil Count (0)</li> </ul>
Cardiac Profile	9	0	1	<ul style="list-style-type: none"> <li>● HDL : LDL ratio (0.79)</li> </ul>
Anemia Studies	8	4	0	<ul style="list-style-type: none"> <li>● RBC count (5)</li> <li>● MCV (76.1)</li> <li>● MCH (24.3)</li> </ul>
Infectious Diseases	6	0	0	All In Range
Diabetes Monitoring	2	0	0	All In Range
Urinalysis	12	1	0	<ul style="list-style-type: none"> <li>● Uric Acid (6.5)</li> </ul>
Electrolytes	4	0	0	All In Range
Thyroid Profile	1	0	0	All In Range

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## Report Summary ● In Range ● Borderline ● Out Of Range ● No color - Reference range not available

### BLOOD DISORDER

Test Name	Result unit	Range
<span style="color: green;">●</span> Hemoglobin	12.2 g/dL	12 - 15
<span style="color: green;">●</span> TLC	6 $10^3/\mu\text{l}$	4 - 10
<span style="color: green;">●</span> Neutrophils	55.7 %	40 - 80
<span style="color: green;">●</span> Lymphocytes	35.3 %	20 - 40
<span style="color: green;">●</span> Monocytes	6.3 %	2 - 10
<span style="color: green;">●</span> Eosinophils	2.7 %	1 - 6
<span style="color: green;">●</span> Basophils	0 %	< 2
<span style="color: green;">●</span> Neutrophils.	3.34 $10^3/\mu\text{l}$	2 - 7
<span style="color: green;">●</span> Lymphocytes.	2.12 $10^3/\mu\text{l}$	1 - 3
<span style="color: green;">●</span> Monocytes.	0.38 $10^3/\mu\text{l}$	0.2 - 1
<span style="color: green;">●</span> Eosinophils.	0.16 $10^3/\mu\text{l}$	0.02 - 0.5
<span style="color: red;">●</span> Basophils.	0 $10^3/\mu\text{l}$	0.02 - 0.1
<span style="color: green;">●</span> Platelet Count	164 $10^3/\mu\text{l}$	150 - 410
<span style="color: green;">●</span> Mean Platelet Volume (MPV)	11.8 fL	9.3 - 12.1
<span style="color: green;">●</span> PDW	21.9 fL	8.3 - 25
<span style="color: green;">●</span> P-LCR	46.3 %	18 - 50
<span style="color: green;">●</span> P-LCC	76 $10^9/L$	44 - 140

### ANEMIA STUDIES

Test Name	Result unit	Range
<span style="color: orange;">●</span> RBC Count	5 $10^6/\mu\text{l}$	3.8 - 4.8
<span style="color: green;">●</span> PCV	38.3 %	36 - 46
<span style="color: orange;">●</span> MCV	76.1 fl	83 - 101
<span style="color: orange;">●</span> MCH	24.3 pg	27 - 32
<span style="color: green;">●</span> MCHC	32 g/dL	31.5 - 34.5
<span style="color: orange;">●</span> RDW (CV)	15.6 %	11.6 - 14
<span style="color: green;">●</span> RDW-SD	36.3 fl	35.1 - 43.9
Mentzer Index	15.22 %	

### INFECTIOUS DISEASES

Test Name	Result unit	Range
<span style="color: green;">●</span> PCT	0.2 %	0.17 - 0.32
Deposit	Absent	
Leucocyte esterase	Negative	
Pus Cells (WBCs)	1-2 /hpf	
Yeast Cells	Absent	
Protozoa	Absent	

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### DIABETES MONITORING

Test Name	Result unit	Range
<span style="color: green;">●</span> Glucose Fasting	85 mg/dL	70 - 100
Urine Glucose (sugar)	Negative	

### LIVER PROFILE

Test Name	Result unit	Range
<span style="color: green;">●</span> Bilirubin Total	0.48 mg/dL	0.2 - 1.2
<span style="color: green;">●</span> Bilirubin Direct	0.3 mg/dL	< 0.5
<span style="color: green;">●</span> Bilirubin Indirect	0.18 mg/dL	0.1 - 1
<span style="color: green;">●</span> SGOT/AST	22 U/L	11 - 34
<span style="color: green;">●</span> SGPT/ALT	11 U/L	< 34
<span style="color: red;">●</span> SGOT/SGPT Ratio	<b>2</b> Ratio	< 0.99
<span style="color: red;">●</span> Alkaline Phosphatase	<b>232</b> U/L	46 - 122
<span style="color: green;">●</span> Total Protein	7.2 g/dL	6.4 - 8.3
<span style="color: green;">●</span> Albumin	3.8 g/dL	3.2 - 4.6
<span style="color: green;">●</span> Globulin	3.4 g/dL	2.3 - 3.5
<span style="color: orange;">●</span> Albumin :Globulin Ratio	<b>1.12</b> Ratio	1.3 - 2.1
<span style="color: green;">●</span> Gamma Glutamyl Transferase (GGT)	17 U/L	< 38
<span style="color: green;">●</span> Calcium Serum	8.7 mg/dL	8.4 - 10.2
Bilirubin Urine	Negative	
Urobilinogen	Normal	

### KIDNEY PROFILE

Test Name	Result unit	Range
<span style="color: green;">●</span> Blood Urea	36 mg/dL	21 - 43
<span style="color: green;">●</span> Bun	16.82 mg/dL	8 - 23
<span style="color: green;">●</span> Creatinine	0.7 mg/dL	0.5 - 1.2
eGFR (CKD-EPI)	97.09 mL/min/1.73 sq m	
<span style="color: red;">●</span> Bun/Creatinine Ratio	<b>24.03</b> Ratio	12 - 20
<span style="color: red;">●</span> Urea / Creatinine Ratio	<b>51.43</b> Ratio	25.68 - 42.8
Urine Protein (Albumin)	Negative	
Blood	Negative	
Crystals	Absent	
Cast	Absent	

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### URINALYSIS

Test Name	Result unit	Range
<span style="color: orange;">●</span> Uric Acid	6.5 mg/dL	2.5 - 6.2
Volume	20 mL	
Colour	Pale yellow	
Transparency	Clear	
<span style="color: green;">●</span> Reaction (pH)	6.0	4.5 - 8
<span style="color: green;">●</span> Specific Gravity	1.020	1.01 - 1.03
Urine Ketones (Acetone)	Negative	
Nitrite	Negative	
Epithelial Cells	1-2 /hpf	
Red blood Cells	Absent /hpf	
Amorphous deposits	Absent	
Bacteria	Absent	

### ELECTROLYTE PROFILE

Test Name	Result unit	Range
<span style="color: green;">●</span> Phosphorus	4.2 mg/dL	2.3 - 4.7
<span style="color: green;">●</span> Sodium	144 mmol/L	136 - 145
<span style="color: green;">●</span> Potassium	4.6 mmol/L	3.5 - 5.1
<span style="color: green;">●</span> Chloride	106 mmol/L	98 - 107

### CARDIAC PROFILE

Test Name	Result unit	Range
<span style="color: green;">●</span> Total Cholesterol	166 mg/dL	< 200
<span style="color: green;">●</span> Triglycerides	71 mg/dL	< 150
<span style="color: green;">●</span> HDL Cholesterol	67 mg/dL	40 - 80
<span style="color: green;">●</span> Non HDL Cholesterol	99 mg/dL	< 130
<span style="color: green;">●</span> LDL Cholesterol	84.8 mg/dL	< 100
<span style="color: green;">●</span> V.L.D.L Cholesterol	14.2 mg/dL	< 30
<span style="color: green;">●</span> Chol/HDL Ratio	2.48 Ratio	< 5
<span style="color: red;">●</span> HDL/ LDL Ratio	0.79 Ratio	0.3 - 0.4
<span style="color: green;">●</span> LDL/HDL Ratio	1.27 Ratio	< 3

### THYROID PROFILE

Test Name	Result unit	Range
Thyroid Stimulating Hormone (Ultrasensitive)	< 0.0083 µIU/mL	

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## Health Advisory

● In Range   
 ● Borderline (BL)   
 ● Out Of Range

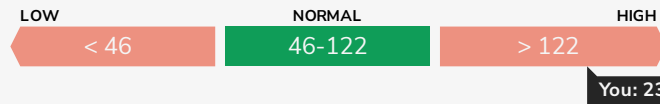


### Liver Profile

One of the main functions of your liver is to make proteins that are secreted in your blood. It also makes enzymes which convert food into energy, and processes old muscles and cells. When your liver is damaged, enzymes leak into your blood and appear in the blood test

**Alkaline Phosphatase: 232 U/L**

● OUT OF RANGE

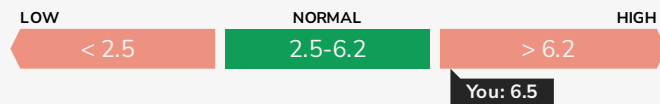


### Urinalysis

The *urinalysis*, as it's sometimes called, is a set of tests conducted on your urine - these tests measure specific properties of urine and also find out if there are any unwanted chemicals in your urine. If your results in these tests are abnormal, your doctor can correlate them clinically. Sometimes, abnormal urine results are because of kidney disease, liver disease or diabetes.

**Uric Acid: 6.5 mg/dL**

● BORDERLINE



### Thyroid

This panel is used to check the imbalance in your thyroid gland. A healthy thyroid gland is very important for metabolism, controlling body temperature, regulation of mood, muscle strength and regulation of body weight

**Thyroid Stimulating Hormone (Ultraseensitive): < 0.0083  $\mu$ IU/mL**

Patient NAME :	
DOB/Age/Gender :	Report STATUS
Patient ID / UHID :	Barcode NO
Referred BY :	Sample Type
Sample Collected :	Report Date

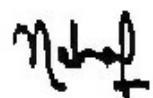
Test Description	Value(s)	Unit(s)	Reference Range
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## Womens Essential Screening with Free Thyroid

### Complete Blood Count (CBC)

<b>RBC Parameters</b>			
Hemoglobin <i>Cyanide free spectrophotometry</i>	12.2	g/dL	12.0 - 15.0
RBC Count <i>Electrical impedance</i>	<b>5 H*</b>	10 <sup>6</sup> /μl	3.8 - 4.8
PCV <i>Calculated</i>	38.3	%	36 - 46
MCV <i>Calculated</i>	<b>76.1 L*</b>	fl	83 - 101
MCH <i>Calculated</i>	<b>24.3 L*</b>	pg	27 - 32
MCHC <i>Calculated</i>	32	g/dL	31.5 - 34.5
RDW (CV) <i>Calculated</i>	<b>15.6 H*</b>	%	11.6 - 14.0
RDW-SD <i>Calculated</i>	36.3	fl	35.1 - 43.9
<b>WBC Parameters</b>			
TLC <i>Electrical impedance and microscopy</i>	6	10 <sup>3</sup> /μl	4 - 10
<b>Differential Leucocyte Count</b>			
Neutrophils <i>Flow-cytometry DHSS</i>	55.7	%	40 - 80
Lymphocytes <i>Flow-cytometry DHSS</i>	35.3	%	20 - 40
Monocytes <i>Flow-cytometry DHSS</i>	6.3	%	2 - 10
Eosinophils <i>Flow-cytometry DHSS</i>	2.7	%	1 - 6
Basophils <i>Flow-cytometry DHSS</i>	0	%	0 - 2
<b>Absolute Leukocyte Counts</b>			
Neutrophils. <i>Calculated</i>	3.34	10 <sup>3</sup> /μl	2 - 7
Lymphocytes. <i>Calculated</i>	2.12	10 <sup>3</sup> /μl	1 - 3
Monocytes. <i>Calculated</i>	0.38	10 <sup>3</sup> /μl	0.2 - 1.0
Eosinophils. <i>Calculated</i>	0.16	10 <sup>3</sup> /μl	0.02 - 0.5

Note :- (H\* - High , L\* - Low ,CL\* - Critical Low,CH\* - Critical High)



Dr. Neha Prabhakar  
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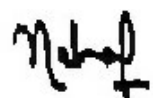
Patient NAME		Report STATUS :	
DOB/Age/Gender		Barcode NO :	
Patient ID / UHID		Sample Type :	
Referred BY		Report Date :	
Sample Collected	....., ....., .....		

Test Description	Value(s)	Unit(s)	Reference Range
Basophils. <i>Calculated</i>	0	10 <sup>3</sup> /μl	0.02-0.1
<b>Platelet Parameters</b>			
Platelet Count <i>Electrical impedance and microscopy</i>	164	10 <sup>3</sup> /μl	150 - 410
Mean Platelet Volume (MPV) <i>Calculated</i>	11.8	fL	9.3 - 12.1
PCT <i>Calculated</i>	0.2	%	0.17 - 0.32
PDW <i>Calculated</i>	21.9	fL	8.3 - 25.0
P-LCR <i>Calculated</i>	46.3	%	18 - 50
P-LCC <i>Calculated</i>	76	10 <sup>9</sup> /L	44 - 140
Mentzer Index <i>Calculated</i>	15.22	%	> 13

**Interpretation:**

CBC provides information about red cells, white cells and platelets. Results are useful in the diagnosis of anemia, infections, leukemias, clotting disorders and many other medical conditions.

Note :- (H\* - High , L\* - Low ,CL\* - Critical Low,CH\* - Critical High)



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Patient NAME	
DOB/Age/Gender	Report STATUS :
Patient ID / UHID	Barcode NO :
Referred BY	Sample Type :
Sample Collected	Report Date :

Test Description	Value(s)	Unit(s)	Reference Range
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### Glucose Fasting

Glucose Fasting <i>Hexokinase</i>	85	mg/dL	70 - 100
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#### Interpretation:

Status	Fasting plasma glucose in mg/dL
Normal	70 - 100
Impaired fasting glucose	101 - 125
Diabetes	≥126

**Reference :** American Diabetes Association

#### Comment :

Blood glucose determinations are commonly used as an aid in the diagnosis and treatment of diabetes. Elevated glucose levels (hyperglycemia) may also occur with pancreatic neoplasm, hyperthyroidism, and adrenal cortical hyper function as well as other disorders. Decreased glucose levels (hypoglycemia) may result from excessive insulin therapy, insulinoma, or various liver diseases.

#### Note

- The diagnosis of Diabetes requires a fasting plasma glucose of  $>$  or  $=$  126 mg/dL or a random / 2 hour plasma glucose value of  $>$  or  $=$  200 mg/dL with symptoms of diabetes mellitus.
- Very high glucose levels ( $>$ 450 mg/dL in adults) may result in Diabetic Ketoacidosis.



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Patient NAME :		Report STATUS :	
DOB/Age/Gender :		Barcode NO :	
Patient ID / UHID :		Sample Type :	
Referred BY :		Report Date :	
Sample Collected :			

Test Description	Value(s)	Unit(s)	Reference Range
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### Liver Function Test (LFT)

Bilirubin Total <i>Diazonium Salt</i>	0.48	mg/dL	0.2 - 1.2
Bilirubin Direct <i>Diazo Reaction</i>	0.3	mg/dL	0.0 - 0.5
Bilirubin Indirect <i>Calculated</i>	0.18	mg/dL	0.1 - 1.0
SGOT/AST <i>Enzymatic [NADH (without P-5-P)]</i>	22	U/L	11 - 34
SGPT/ALT <i>Enzymatic [NADH (without P-5-P)]</i>	11	U/L	< 34
SGOT/SGPT Ratio <i>Calculated</i>	<b>2 H*</b>	Ratio	<1.00
Alkaline Phosphatase <i>Para-nitrophenyl phosphate (p-NPP)</i>	<b>232 H*</b>	U/L	46 – 122
Total Protein <i>Biuret</i>	7.2	g/dL	6.4 - 8.3
Albumin <i>Colorimetric BCG</i>	3.8	g/dL	3.2 - 4.6
Globulin <i>Calculated</i>	3.4	g/dL	2.3 - 3.5
Albumin :Globulin Ratio <i>Calculated</i>	<b>1.12 L*</b>	Ratio	1.3 - 2.1
Gamma Glutamyl Transferase (GGT) <i>L-Gamma-Glutamyl-3-Carboxy-4-Nitroanalide</i>	17	U/L	< 38

#### Interpretation:

The liver filters blood, metabolizes nutrients, detoxifies harmful substances, and produces blood clotting proteins. Liver cells contain enzymes that facilitate these functions. When cells are damaged, enzymes leak into the blood, detectable through blood tests.

Key enzymes tested:

- 1. AST (SGOT):** may indicate tissue injury / damage in muscles or liver.
- 2. ALT (SGPT):** Primarily in the liver. Elevated ALT and AST suggest liver damage.
- 3. Alkaline Phosphatase & GGT:** Linked to bile production and flow. Elevated levels may indicate bile flow issues related to the liver, gallbladder, or bile ducts.

Blood proteins, **albumin and globulin**, are essential for growth, development, and health.

- 1. Low protein:** May indicate bleeding, liver disorders, malnutrition, or agammaglobulinemia.
- 2. High protein (Hyperproteinemia):** Often due to dehydration or increased protein production.
- 3. Low albumin:** Caused by poor diet, kidney, or liver disease.
- 4. High albumin:** Usually due to severe dehydration.

Note :- (H\* - High , L\* - Low ,CL\* - Critical Low,CH\* - Critical High)



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Patient NAME :		Report STATUS :	
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Patient ID / UHID :		Sample Type :	
Referred BY :		Report Date :	
Sample Collected :			

Test Description	Value(s)	Unit(s)	Reference Range
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### Kidney Function Test (KFT)

Blood Urea <i>Urease</i>	36	mg/dL	21 - 43
Bun <i>Calculated</i>	16.82	mg/dL	8 - 23
Creatinine <i>Kinetic Alkaline Picrate</i>	0.7	mg/dL	0.5 - 1.2
eGFR (CKD-EPI)	97.09	ml/min/1.73 sq m	Normal Or High: $\geq 90$ Mild Or Decrease: 60-89 Mild To Moderate Decrease: 45-59 Mild To Severe Decrease: 30-44 Severe Decrease: 15-29 Kidney Failure: $< 15$
Bun/Creatinine Ratio <i>Calculated</i>	<b>24.03 H*</b>	Ratio	12 - 20
Urea / Creatinine Ratio <i>Calculated</i>	<b>51.43 H*</b>	Ratio	25.68- 42.8
Uric Acid <i>Uricase</i>	<b>6.5 H*</b>	mg/dL	2.5 - 6.2
Calcium Serum <i>Arsenazo III</i>	8.7	mg/dL	8.4 - 10.2
Phosphorus <i>Phosphomolybdate</i>	4.2	mg/dL	2.3 - 4.7
Sodium <i>ISE-Indirect</i>	144	mmol/L	136 - 145
Potassium <i>ISE-Indirect</i>	4.6	mmol/L	3.5 - 5.1
Chloride <i>ISE-Indirect</i>	106	mmol/L	98 - 107

#### Interpretation:

Kidney function tests is a collective term for a variety of individual tests and procedures that can be done to evaluate how well the kidneys are functioning. Many conditions can affect the ability of the kidneys to carry out their vital functions. Some lead to a rapid (acute) decline in kidney function others lead to a gradual (chronic) decline in function. Both result in a buildup of toxic waste substances done on urine samples, as well as on blood samples. A number of symptoms may indicate a problem with your kidneys. These include : high blood pressure, blood in urine, frequent urges to urinate, difficulty beginning urination, painful urination, swelling in the hands and feet due to a buildup of fluids in the body. A single symptom may not mean something serious. However, when occurring simultaneously, these symptoms suggest that your kidneys are not working properly. Kidney function tests can help determine the reason. Ionized calcium this test if you have signs of kidney or parathyroid disease. The test may also be done to monitor progress and treatment of these diseases."eGFR test is applicable for patients aged 18 years or more."

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Patient NAME		Report STATUS	
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Sample Collected			
Test Description	Value(s)	Unit(s)	Reference Range

### Lipid Profile

Total Cholesterol <i>Enzymatic</i>	166	mg/dL	<200
Triglycerides <i>Glycerol phosphate oxidase</i>	71	mg/dL	<150
HDL Cholesterol <i>Accelerator Selective Detergent</i>	67	mg/dL	> 40
Non HDL Cholesterol <i>Calculated</i>	99	mg/dL	<130
LDL Cholesterol <i>Calculated</i>	84.8	mg/dL	<100
V.L.D.L Cholesterol <i>Calculated</i>	14.2	mg/dL	< 30
Chol/HDL Ratio <i>Calculated</i>	2.48	Ratio	0.0 - 5.0
HDL/ LDL Ratio <i>Calculated</i>	<b>0.79 H*</b>	Ratio	0.3-0.4
LDL/HDL Ratio <i>Calculated</i>	1.27	Ratio	0.0- 3.0

#### Interpretation:

Lipid level assessments must be made following 9 to 12 hours of fasting, otherwise assay results might lead to erroneous interpretation. NCEP recommends of 3 different samples to be drawn at intervals of 1 week for harmonizing biological variables that might be encountered in single assays.

National Lipid Association Recommendations (NLA-2014)	Total Cholesterol (mg/dL)	Triglyceride (mg/dL)	LDL Cholesterol (mg/dL)	Non HDL Cholesterol (mg/dL)
Optimal	<200	<150	<100	<130
Above Optimal			100-129	130 - 159
Borderline High	200-239	150-199	130-159	160 - 189
High	>=240	200-499	160-189	190 - 219
Very High	-	>=500	>=190	>=220

HDL Cholesterol	
Low	High
<40	>=60

#### Risk Stratification for ASCVD (Atherosclerotic Cardiovascular Disease) by Lipid Association of India.

<b>Risk Category</b>	A. CAD with > 1 feature of high risk group
<b>Extreme risk group</b>	B. CAD with >1 feature of very high risk group of recurrent ACS (within 1 year) despite LDL-C <or = 50 mg/dl or poly vascular disease

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Patient NAME : \_\_\_\_\_  
 DOB/Age/Gender : \_\_\_\_\_ Report STATUS : I  
 Patient ID / UHID : \_\_\_\_\_ Barcode NO : I  
 Referred BY : \_\_\_\_\_ Sample Type : I  
 Sample Collected : \_\_\_\_\_ Report Date : I

Test Description	Value(s)	Unit(s)	Reference Range
<b>Very High Risk</b>	1.Established ASCVD 2.Diabetes with 2 major risk factors of evidence of end organ damage 3. Familial Homozygous Hypercholesterolemia		
<b>High Risk</b>	1. Three major ASCVD risk factors 2. Diabetes with 1 major risk factor or no evidence of end organ damage 3. CHD stage 3B or 4. 4 LDL >190 mg/dl 5. Extreme of a single risk factor 6. Coronary Artery Calcium - CAC > 300 AU 7. Lipoprotein a >= 50 mg/dl 8. Non stenotic carotid plaque		
<b>Moderate Risk</b>	2 major ASCVD risk factors		
<b>Low Risk</b>	0-1 major ASCVD risk factors		
<b>Major ASCVD (Atherosclerotic cardiovascular disease) Risk Factors</b>			
1. Age >=45 years in Males & >= 55 years in Females	3. Current Cigarette smoking or tobacco use		
2. Family history of premature ASCVD	4. High blood pressure		
5. Low HDL			

**Newer treatment goals and statin initiation thresholds based on the risk categories proposed by Lipid Association of India in 2020.**

Risk Group	Treatment Goals		Consider Drug Therapy	
	LDL-C (mg/dl)	Non-HDL (mg/dl)	LDL-C (mg/dl)	Non-HDL (mg/dl)
Extreme Risk Group Category A	<50 (Optional goal <OR = 30)	<80 (Optional goal <OR = 60)	>OR = 50	>OR = 80
Extreme Risk Group Category B	>OR = 30	>OR = 60	> 30	> 60
Very High Risk	<50	<80	>OR = 50	>OR = 80
High Risk	<70	<100	>OR = 70	>OR = 100
Moderate Risk	<100	<130	>OR = 100	>OR = 130
Low Risk	<100	<130	>OR = 130*	>OR = 160

\* After an adequate non-pharmacological intervention for at least 3 months.

**References : Management of Dyslipidaemia for the Prevention of Stroke : Clinical practice Recommendations from the Lipid Association of India. Current Vascular Pharmacology,2022,20,134-155.**

Note :- (H\* - High , L\* - Low ,CL\* - Critical Low,CH\* - Critical High)



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Patient NAME		Report STATUS :	
DOB/Age/Gender		Barcode NO :	
Patient ID / UHID		Sample Type :	
Referred BY		Report Date :	
Sample Collected			

Test Description	Value(s)	Unit(s)	Reference Range
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### TSH 3rd Generation

Thyroid Stimulating Hormone (Ultrasensitive) CMIA	< 0.0083 L*	µIU/mL	0.35 - 4.94
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#### Interpretation:

Pregnancy	Reference ranges TSH
1st Trimester	0.1 - 2.5
2nd Trimester	0.2 - 3.0
3rd Trimester	0.3 - 3.0

**Note:**  
TSH levels are subject to circadian variation, reaching peak levels between 2-4 am. and at a minimum between 6-10 pm. The variation is of 50 %, hence time of the day has influence on the measured serum TSH concentrations.

#### Clinical Use:

- Diagnose Hypothyroidism and Hyperthyroidism
- Monitor T4 replacement or T4 suppressive therapy
- Quantify TSH levels in the subnormal range

**Increased Levels :** Primary hypothyroidism, Subclinical hypothyroidis, TSH dependent Hyperthyroidism, Thyroid hormone resistance

**Decreased Levels:** Grace disease, Autonomous thyroid hormone secretion, TSH deficiency

Note :- (H\* - High , L\* - Low ,CL\* - Critical Low,CH\* - Critical High)



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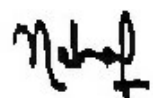
### Urine Routine and Microscopic Examination

Physical Examination			
Volume	20	mL	-
Colour	Pale yellow	-	Pale yellow
Transparency	Clear	-	Clear
Deposit	Absent	-	Absent
Chemical Examination			
Reaction (pH) <i>Double Indicator</i>	6.0	-	4.5 - 8.0
Specific Gravity <i>Ion Exchange</i>	1.020	-	1.010 - 1.030
Urine Glucose (sugar) <i>Oxidase / Peroxidase</i>	Negative	-	Negative
Urine Protein (Albumin) <i>Acid / Base Colour Exchange</i>	Negative	-	Negative
Urine Ketones (Acetone) <i>Legals Test</i>	Negative	-	Negative
Blood <i>Peroxidase Hemoglobin</i>	Negative	-	Negative
Leucocyte esterase <i>Enzymatic Reaction</i>	Negative	-	Negative
Bilirubin Urine <i>Coupling Reaction</i>	Negative	-	Negative
Nitrite <i>Griless Test</i>	Negative	-	Negative
Urobilinogen <i>Ehrlichs Test</i>	Normal	-	Normal
Microscopic Examination			
Pus Cells (WBCs)	1-2	/hpf	0 - 5
Epithelial Cells	1-2	/hpf	0 - 4
Red blood Cells	Absent	/hpf	0 - 2
Crystals	Absent	-	Absent
Cast	Absent	-	Absent
Yeast Cells	Absent	-	Absent
Amorphous deposits	Absent	-	Absent
Bacteria	Absent	-	Absent
Protozoa	Absent	-	Absent

**Interpretation:**

**URINALYSIS-** Routine urine analysis assists in screening and diagnosis of various metabolic, urological, kidney and liver disorders.

**Protein:** Elevated proteins can be an early sign of kidney disease. Urinary protein excretion can also be temporarily elevated by strenuous

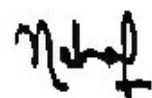


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DOB/Age/Gender :		Barcode NO :	
Patient ID / UHID :		Sample Type :	
Referred BY :		Report Date :	
Sample Collected :			

Test Description	Value(s)	Unit(s)	Reference Range
<p>exercise, orthostatic proteinuria, dehydration, urinary tract infections and acute illness with fever</p> <p><b>Glucose:</b> Uncontrolled diabetes mellitus can lead to presence of glucose in urine. Other causes include pregnancy, hormonal disturbances, liver disease and certain medications.</p> <p><b>Ketones:</b> Uncontrolled diabetes mellitus can lead to presence of ketones in urine. Ketones can also be seen in starvation, frequent vomiting, pregnancy and strenuous exercise.</p> <p><b>Blood:</b> Occult blood can occur in urine as intact erythrocytes or haemoglobin, which can occur in various urological, nephrological and bleeding disorders.</p> <p><b>Leukocytes:</b> An increase in leukocytes is an indication of inflammation in urinary tract or kidneys. Most common cause is bacterial urinary tract infection.</p> <p><b>Nitrite:</b> Many bacteria give positive results when their number is high. Nitrite concentration during infection increases with length of time the urine specimen is retained in bladder prior to collection.</p> <p><b>pH:</b> The kidneys play an important role in maintaining acid base balance of the body. Conditions of the body producing acidosis/ alkalosis or ingestion of certain type of food can affect the pH of urine.</p> <p><b>Specific gravity:</b> Specific gravity gives an indication of how concentrated the urine is. Increased specific gravity is seen in conditions like dehydration, glycosuria and proteinuria while decreased specific gravity is seen in excessive fluid intake, renal failure and diabetes insipidus.</p> <p><b>Bilirubin:</b> In certain liver diseases such as biliary obstruction or hepatitis, bilirubin gets excreted in urine.</p> <p><b>Urobilinogen:</b> Positive results are seen in liver diseases like hepatitis and cirrhosis and in cases of haemolytic anaemia.</p>			

\*\*\* End Of Report \*\*\*



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