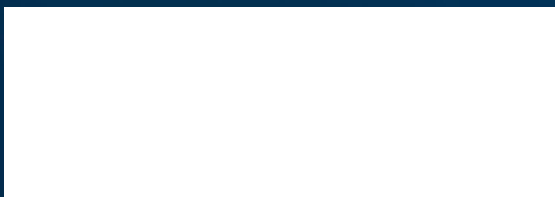


# smart Health Report

An Insightful Health Analytics Report  
for Easier Understanding



Prepared For



Name

Gender

## Your Health at a Glance – A Personalized Journey

### Report Sections

1

#### Body Summary

A visual snapshot of your overall health, simple and easy to understand

2

#### Quick Health Highlights

Your health scores and a single view of all abnormal results for quick attention

3

#### Lab Report Overview

Understand at a glance which tests are normal and which are abnormal

4

#### Personalized Health Advisory

Actionable insights and expert guidance tailored just for you

5

#### Doctor's Reference Report

Complete lab results with interpretations to share with your healthcare provider

### How to Read This Report

This comprehensive health report provides detailed insights into your test results. Each section offers different perspectives on your health status, from visual summaries to detailed analysis and personalized recommendations.

Name

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## Health Summary



### BLOOD COUNTS

Test Name	Result
Eosinophils	9
Eosinophils.	0.62

Please Watchout



### CARDIAC PROFILE

Test Name	Result
HDL Cholesterol	82.3
Chol/HDL Ratio	2.36

Please Watchout



### KIDNEY PROFILE

Test Name	Result
Creatinine	0.5

Please Watchout



### ELECTROLYTES

Everything looks good



### THYROID PROFILE

Everything looks good



### DIABETES MONITORING

Everything looks good



### LIVER PROFILE

Everything looks good



### ANEMIA STUDIES

Test Name	Result
RDW-SD	47

Please Watchout



### MINERAL PROFILE

Everything looks good

Name

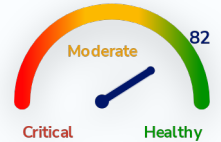
Gender

## Quick Health Summary

### Personal Insights - Score

**82** (Excellent)

Most parameters indicate good health, with some concern regarding allergy and cardiac health, which may require further evaluation. The overall health profile is strong, but attention to allergy management and heart health is advised to reduce future risks. Maintaining a balanced lifestyle and regular check-ups are recommended for sustained well-being.



### Summary of Key Health Indicators

Total Parameters Tested	Abnormal Results
89	8

### Health Status by Body System

Profile	Abnormal / Total	Key Results
Blood Counts	2 / 14	<ul style="list-style-type: none"> <li>Eosinophils: 9 % (Normal: 1-6%)</li> <li>Eosinophils.: 0.62 <math>10^3/\mu\text{l}</math> (Normal: 0.02-0.5 <math>10^3/\mu\text{l}</math>)</li> </ul>
Blood Clotting	2 / 5	<ul style="list-style-type: none"> <li>Mean Platelet Volume (MPV): 15 fL (Normal: 9.3-12.1 fL)</li> <li>P-LCR: 61.6 % (Normal: 18-50 %)</li> </ul>
Cardiac Profile	2 / 9	<ul style="list-style-type: none"> <li>HDL Cholesterol: 82.3 mg/dL (Normal: 40-80 mg/dL)</li> <li>Chol/HDL Ratio: 2.36 Ratio (Normal: 3.5-5 Ratio)</li> </ul>
Anemia Studies	1 / 8	<ul style="list-style-type: none"> <li>RDW-SD: 47 fl (Normal: 35.1-43.9 fl)</li> </ul>
Kidney Profile	1 / 13	<ul style="list-style-type: none"> <li>Creatinine: 0.5 mg/dL (Normal: 0.57-1.11 mg/dL)</li> </ul>
Thyroid Profile	0 / 1	All Normal
Diabetes Monitoring	0 / 3	All Normal
Liver Profile	0 / 12	All Normal
Mineral Profile	0 / 1	All Normal
Electrolytes	0 / 3	All Normal
Urinalysis	0 / 17	All Normal

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## Report Summary

● Normal

● Abnormal

No color - Reference range not available

### THYROID PROFILE

Test Name	Result unit	Range
<span style="color: green;">●</span> Thyroid Stimulating Hormone (Ultrasensitive)	4.4 $\mu$ IU/mL	0.35-4.94

### ANEMIA STUDIES

Test Name	Result unit	Range
<span style="color: green;">●</span> Iron	70.5 $\mu$ g/dL	50-170
<span style="color: green;">●</span> Hemoglobin	12.6 g/dL	12-15
<span style="color: green;">●</span> PCV	38.6 %	36-46
<span style="color: green;">●</span> MCV	93 fl	83-101
<span style="color: green;">●</span> MCH	30.3 pg	27-32
<span style="color: green;">●</span> MCHC	32.6 g/dL	31.5-34.5
<span style="color: green;">●</span> RDW (CV)	14 %	11.6-14
<span style="color: red;">●</span> RDW-SD	<b>47</b> fl	35.1-43.9

### BLOOD COUNTS

Test Name	Result unit	Range
<span style="color: green;">●</span> RBC Count	4.2 $10^6/\mu$ L	3.8-4.8
<span style="color: green;">●</span> TLC	6.9 $10^3/\mu$ L	4-10
<span style="color: green;">●</span> Neutrophils	49 %	40-80
<span style="color: green;">●</span> Lymphocytes	39 %	20-40
<span style="color: green;">●</span> Monocytes	3 %	2-10
<span style="color: red;">●</span> Eosinophils	<b>9</b> %	1-6
<span style="color: green;">●</span> Basophils	0 %	< 2
<span style="color: green;">●</span> Neutrophils.	3.38 $10^3/\mu$ L	2-7
<span style="color: green;">●</span> Lymphocytes.	2.69 $10^3/\mu$ L	1-3
<span style="color: green;">●</span> Monocytes.	0.21 $10^3/\mu$ L	0.2-1
<span style="color: red;">●</span> Eosinophils.	<b>0.62</b> $10^3/\mu$ L	0.02-0.5
<span style="color: green;">●</span> Basophils.	0 $10^3/\mu$ L	< 0.5
<span style="color: green;">●</span> Platelet Count	160 $10^3/\mu$ L	150-410
Mentzer Index	22.14 %	

Name

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## Report Summary

Normal

Abnormal

No color - Reference range not available

### BLOOD CLOTTING

Test Name	Result <small>unit</small>	Range
<input type="radio"/> Mean Platelet Volume (MPV)	<b>15</b> fL	9.3-12.1
<input checked="" type="radio"/> PCT	0.2 %	0.17-0.32
<input checked="" type="radio"/> PDW	23.3 fL	8.3-25
<input type="radio"/> P-LCR	<b>61.6</b> %	18-50
<input checked="" type="radio"/> P-LCC	77 $10^9/L$	44-140

### DIABETES MONITORING

Test Name	Result <small>unit</small>	Range
<input checked="" type="radio"/> Glycosylated Hemoglobin (HbA1c)	4.8 %	< 5.7
Estimated Average Glucose	91.06 mg/dL	
<input checked="" type="radio"/> Glucose Fasting	78.7 mg/dL	70-100

### LIVER PROFILE

Test Name	Result <small>unit</small>	Range
<input checked="" type="radio"/> Bilirubin Total	0.5 mg/dL	< 1.2
<input checked="" type="radio"/> Bilirubin Direct	0.2 mg/dL	< 0.5
<input checked="" type="radio"/> Bilirubin Indirect	0.3 mg/dL	< 1
<input checked="" type="radio"/> SGOT/AST	21.3 U/L	5-34
<input checked="" type="radio"/> SGPT/ALT	33.3 U/L	< 55
SGOT/SGPT Ratio	0.64 %	
<input checked="" type="radio"/> Alkaline Phosphatase	95.6 U/L	40-150
<input checked="" type="radio"/> Total Protein	7.1 g/dL	6.4-8.3
<input checked="" type="radio"/> Albumin	4.6 gm/dL	3.8-5
<input checked="" type="radio"/> Globulin	2.5 g/dL	2.3-3.5
<input checked="" type="radio"/> Albumin :Globulin Ratio	1.84	< 2.1
<input checked="" type="radio"/> Gamma Glutamyl Transferase (GGT)	16.5 U/L	< 36

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## Report Summary

Normal

Abnormal

No color - Reference range not available

### KIDNEY PROFILE

Test Name	Result <small>unit</small>	Range
<input checked="" type="radio"/> Blood Urea	19 mg/dL	19-44.1
<input checked="" type="radio"/> Bun	8.88 mg/dL	6-20
<input type="radio"/> Creatinine	<b>0.5</b> mg/dL	0.57-1.11
eGFR (CKD-EPI)	135.90 ml/min/1.73 sq m	
<input checked="" type="radio"/> Bun/Creatinine Ratio	17.76	12-20
<input checked="" type="radio"/> Urea / Creatinine Ratio	38	25.68-42.8
<input checked="" type="radio"/> Uric Acid	2.7 mg/dL	2.6-6
<input checked="" type="radio"/> Calcium Serum	9.6 mg/dL	8.4-10.2
<input checked="" type="radio"/> Colour	Pale yellow	
<input checked="" type="radio"/> Deposit	Absent	
<input checked="" type="radio"/> Urine Glucose (sugar)	Negative	
<input checked="" type="radio"/> Yeast Cells	Absent	
<input checked="" type="radio"/> Amorphous deposits	Absent	

### MINERAL PROFILE

Test Name	Result <small>unit</small>	Range
<input checked="" type="radio"/> Phosphorus	4.1 mg/dL	2.3-4.7

### ELECTROLYTE PROFILE

Test Name	Result <small>unit</small>	Range
<input checked="" type="radio"/> Sodium	137 mmol/L	136-145
<input checked="" type="radio"/> Potassium	4.5 mmol/L	3.5-5.1
<input checked="" type="radio"/> Chloride	102.1 mmol/L	98-107

Name

Gender

## Report Summary

● Normal

● Abnormal

No color - Reference range not available

### CARDIAC PROFILE

Test Name	Result <small>unit</small>	Range
<span style="color: green;">●</span> Total Cholesterol	194 mg/dL	< 200
<span style="color: green;">●</span> Triglycerides	64.2 mg/dL	< 150
<span style="color: red;">●</span> HDL Cholesterol	<b>82.3</b> mg/dL	40-80
<span style="color: green;">●</span> Non HDL Cholesterol	111.7 mg/dL	< 130
<span style="color: green;">●</span> LDL Cholesterol	98.86 mg/dL	30-100
<span style="color: green;">●</span> V.L.D.L Cholesterol	12.84 mg/dL	< 30
<span style="color: red;">●</span> Chol/HDL Ratio	<b>2.36</b> Ratio	3.5-5
<span style="color: green;">●</span> HDL/ LDL Ratio	0.83 Ratio	0.5-3
LDL/HDL Ratio	1.2 Ratio	

### URINALYSIS

Test Name	Result <small>unit</small>	Range
<span style="color: green;">●</span> Volume	20 mL	
<span style="color: green;">●</span> Transparency	Clear	
<span style="color: green;">●</span> Reaction (pH)	8.0	4.5-8
<span style="color: green;">●</span> Specific Gravity	1.010	1.01-1.03
<span style="color: green;">●</span> Urine Protein (Albumin)	Negative	
<span style="color: green;">●</span> Urine Ketones (Acetone)	Negative	
<span style="color: green;">●</span> Blood	Negative	
Leucocyte esterase	Negative	
<span style="color: green;">●</span> Bilirubin Urine	Negative	
<span style="color: green;">●</span> Nitrite	Negative	
<span style="color: green;">●</span> Urobilinogen	Normal	
Pus Cells (WBCs)	1-2 /hpf	
<span style="color: green;">●</span> Epithelial Cells	4-6 /hpf	
<span style="color: green;">●</span> Red blood Cells	Absent /hpf	
<span style="color: green;">●</span> Crystals	Absent	
<span style="color: green;">●</span> Cast	Absent	
<span style="color: green;">●</span> Bacteria	Absent	

Name

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## Health Advisory

● Normal (N) ● Low (L) ● High (H)



### Kidney Profile

This panel is used to check healthy functioning of your kidneys. Kidneys filter blood in your body to remove waste products - these waste products are produced when breakdown of proteins (present in food, muscles and other cells) occurs in the body to generate energy

**Creatinine: 0.5** mg/dL

● LOW

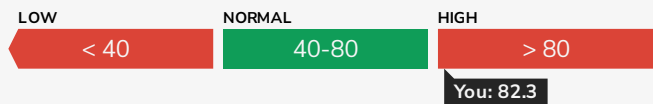


### Cardiac Profile

Most people believe they are safe from heart diseases, but in reality, heart diseases are the leading cause of death in the world. There are many different forms of heart disease. Narrowing or blockage of the coronary arteries is the most common cause of heart disease, which are the vessels that supply blood to the heart. This is called coronary artery disease and it occurs slowly over time. It is the main cause of heart attacks.

**HDL Cholesterol: 82.3** mg/dL

● HIGH



Patient NAME :	
DOB/Age/Gender :	Report STATUS
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Test Description	Value(s)	Unit(s)	Reference Range
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## Vital Screening Package with Hormone Screening for Women

### Complete Blood Count (CBC)

<b>RBC Parameters</b>			
Hemoglobin <i>colorimetric</i>	12.6	g/dL	12.0-15.0
RBC Count <i>Electrical impedance</i>	4.2	10 <sup>6</sup> /μl	3.8 - 4.8
PCV <i>Calculated</i>	38.6	%	36 - 46
MCV <i>Calculated</i>	93	fl	83 - 101
MCH <i>Calculated</i>	30.3	pg	27 - 32
MCHC <i>Calculated</i>	32.6	g/dL	31.5 - 34.5
RDW (CV) * <i>Calculated</i>	14	%	11.6 - 14.0
RDW-SD * <i>Calculated</i>	<b>47</b>	fl	35.1 - 43.9
<b>WBC Parameters</b>			
TLC <i>Electrical impedance and microscopy</i>	6.9	10 <sup>3</sup> /μl	4 - 10
<b>Differential Leucocyte Count</b>			
Neutrophils	49	%	40-80
Lymphocytes	39	%	20-40
Monocytes	3	%	2-10
Eosinophils	<b>9</b>	%	1-6
Basophils	0	%	<2
<b>Absolute Leukocyte Counts</b>			
Neutrophils.	3.38	10 <sup>3</sup> /μl	2 - 7
Lymphocytes.	2.69	10 <sup>3</sup> /μl	1 - 3
Monocytes.	0.21	10 <sup>3</sup> /μl	0.2 - 1.0
Eosinophils.	<b>0.62</b>	10 <sup>3</sup> /μl	0.02 - 0.5
Basophils.	<b>0</b>	10 <sup>3</sup> /μl	0.02 - 0.5
<b>Platelet Parameters</b>			
Platelet Count <i>Electrical impedance and microscopy</i>	160	10 <sup>3</sup> /μl	150 - 410
Mean Platelet Volume (MPV) * <i>Calculated</i>	<b>15</b>	fL	9.3 - 12.1
PCT * <i>Calculated</i>	0.2	%	0.17 - 0.32

(\*) Parameter(s) are outside the scope of tests recognized under the NABL M(EL)T Scheme.



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MD PATHOLOGY  
CONSULTANT PATHOLOGIST

Patient NAME		Report STATUS :	
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Patient ID / UHID		Sample Type :	
Referred BY		Report Date :	
Sample Collected			

Test Description	Value(s)	Unit(s)	Reference Range
PDW * <i>Calculated</i>	23.3	fL	8.3 - 25.0
P-LCR * <i>Calculated</i>	<b>61.6</b>	%	18 - 50
P-LCC * <i>Calculated</i>	77	10 <sup>9</sup> /L	44 - 140
Mentzer Index * <i>Calculated</i>	22.14	%	> 13

Platelet count rechecked on peripheral smear . kindly correlate clinically.

**Interpretation:**  
CBC provides information about red cells, white cells and platelets. Results are useful in the diagnosis of anemia, infections, leukemias, clotting disorders and many other medical conditions.

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Referred BY :	Sample Type :
Sample Collected :	Report Date :

Test Description	Value(s)	Unit(s)	Reference Range
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### HbA1C (Glycosylated Haemoglobin)

Glycosylated Hemoglobin (HbA1c) <i>HPLC</i>	4.8	%	< 5.7
Estimated Average Glucose *	91.06	mg/dl	Refer Table Below

**Interpretation:**

**Interpretation For HbA1c% As per American Diabetes Association (ADA)**

Reference Group	HbA1c in %
Non diabetic adults >=18 years	<5.7
At risk (Prediabetes)	5.7 - 6.4
Diagnosing Diabetes	>= 6.5
Therapeutic goals for glycemic control	Age > 19 years Goal of therapy: < 7.0 Age < 19 years Goal of therapy: <7.5

**Note:**

- Since HbA1c reflects long term fluctuations in the blood glucose concentration, a diabetic patient who is recently under good control may still have a high concentration of HbA1c. Converse is true for a diabetic previously under good control but now poorly controlled.
- Target goals of < 7.0 % may be beneficial in patients with short duration of diabetes, long life expectancy and no significant cardiovascular disease. In patients with significant complications of diabetes, limited life expectancy or extensive co-morbid conditions, targeting a goal of < 7.0 % may not be appropriate.

**Comments :**

HbA1c provides an index of average blood glucose levels over the past 8 - 12 weeks and is a much better indicator of long term glycemic control as compared to blood and urinary glucose determinations ADA criteria for correlation between HbA1c & Mean plasma glucose levels.

HbA1c(%)	Mean Plasma Glucose (mg/dL)	HbA1c(%)	Mean Plasma Glucose (mg/dL)
6	126	12	298
8	183	14	355
10	240	16	413

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Sample Collected			

Test Description	Value(s)	Unit(s)	Reference Range
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**Glucose Fasting**

Glucose Fasting <i>Hexokinase</i>	78.7	mg/dL	70 - 100
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**Interpretation:**

Status	Fasting plasma glucose in mg/dL
Normal	70 - 100
Impaired fasting glucose	101 - 125
Diabetes	≥126

**Reference :** American Diabetes Association

**Comment :**

Blood glucose determinations are commonly used as an aid in the diagnosis and treatment of diabetes. Elevated glucose levels (hyperglycemia) may also occur with pancreatic neoplasm, hyperthyroidism, and adrenal cortical hyper function as well as other disorders. Decreased glucose levels (hypoglycemia) may result from excessive insulin therapy insulinoma, or various liver diseases.

**Note**

- 1.The diagnosis of Diabetes requires a fasting plasma glucose of > or = 126 mg/dL or a random / 2 hour plasma glucose value of > or = 200 mg/dL with symptoms of diabetes mellitus.
- 2.Very high glucose levels (>450 mg/dL in adults) may result in Diabetic Ketoacidosis.

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DOB/Age/Gender	Report STATUS :
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Sample Collected	Report Date :

Test Description	Value(s)	Unit(s)	Reference Range
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### Liver Function Test (LFT)

Bilirubin Total <i>Photometric</i>	0.5	mg/dL	0.2 - 1.2
Bilirubin Direct * <i>Diazo Reaction</i>	0.2	mg/dL	0.0 - 0.5
Bilirubin Indirect * <i>Calculation (T Bil - D Bil)</i>	0.3	mg/dL	0.1 - 1.0
SGOT/AST <i>IFCC without P5P</i>	21.3	U/L	5 - 34
SGPT/ALT <i>IFCC without P5P</i>	33.3	U/L	0 to 55
SGOT/SGPT Ratio *	0.64	-	-
Alkaline Phosphatase <i>IFCC</i>	95.6	U/L	40 - 150
Total Protein <i>Biuret</i>	7.1	g/dL	6.4 - 8.3
Albumin <i>BCG</i>	4.6	gm/dL	3.8 - 5.0
Globulin * <i>Calculation (T.P - Albumin)</i>	2.5	g/dL	2.3 - 3.5
Albumin :Globulin Ratio * <i>Calculation (Albumin/Globulin)</i>	1.84	-	1.0 - 2.1
Gamma Glutamyl Transferase (GGT) * <i>Photometric</i>	16.5	U/L	9 - 36

#### Interpretation:

The liver filters blood, metabolizes nutrients, detoxifies harmful substances, and produces blood clotting proteins. Liver cells contain enzymes that facilitate these functions. When cells are damaged, enzymes leak into the blood, detectable through blood tests.

Key enzymes tested:

- AST (SGOT):** may indicate tissue injury / damage in muscles or liver.
- ALT (SGPT):** Primarily in the liver. Elevated ALT and AST suggest liver damage.
- Alkaline Phosphatase & GGT:** Linked to bile production and flow. Elevated levels may indicate bile flow issues related to the liver, gallbladder, or bile ducts.

Blood proteins, **albumin and globulin**, are essential for growth, development, and health.

- Low protein:** May indicate bleeding, liver disorders, malnutrition, or agammaglobulinemia.
- High protein (Hyperproteinemia):** Often due to dehydration or increased protein production.
- Low albumin:** Caused by poor diet, kidney, or liver disease.
- High albumin:** Usually due to severe dehydration.

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Patient NAME	Report STATUS
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Sample Collected	

Test Description	Value(s)	Unit(s)	Reference Range
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### Kidney Function Test (KFT)

Blood Urea <i>Urease</i>	19	mg/dL	19 - 44.1
Bun * <i>Urease</i>	8.88	mg/dL	6 - 20
Creatinine <i>Photometric</i>	<b>0.5</b>	mg/dL	0.57 - 1.11
eGFR (CKD-EPI)	135.90	ml/min/1.73 sq m	Normal Or High: $\geq 90$ Mild Or Decrease: 60-89 Mild To Moderate Decrease: 45-59 Mild To Severe Decrease: 30-44 Severe Decrease: 15-29 Kidney Failure: $< 15$
Bun/Creatinine Ratio * <i>Calculated</i>	17.76		12 - 20
Urea / Creatinine Ratio * <i>Calculated</i>	38		25.68- 42.8
Uric Acid <i>Uricase</i>	2.7	mg/dL	2.6 - 6.0
Calcium Serum <i>Arsenazo III</i>	9.6	mg/dL	8.4 - 10.2
Phosphorus <i>Photometric</i>	4.1	mg/dL	2.3 - 4.7
Sodium <i>Potentiometric</i>	137	mmol/L	136 - 145
Potassium <i>Potentiometric</i>	4.5	mmol/L	3.5 - 5.1
Chloride <i>Potentiometric</i>	102.1	mmol/L	98 - 107

**Interpretation:**

Kidney function tests is a collective term for a variety of individual tests and procedures that can be done to evaluate how well the kidneys are functioning. Many conditions can affect the ability of the kidneys to carry out their vital functions. Some lead to a rapid (acute) decline in kidney function others lead to a gradual (chronic) decline in function. Both result in a buildup of toxic waste substances done on urine samples, as well as on blood samples. A number of symptoms may indicate a problem with your kidneys. These include : high blood pressure, blood in urine, frequent urges to urinate, difficulty beginning urination, painful urination, swelling in the hands and feet due to a buildup of fluids in the body. A single symptom may not mean something serious. However, when occurring simultaneously, these symptoms suggest that your kidneys are not working properly. Kidney function tests can help determine the reason. Ionized calcium this test if you have signs of kidney or parathyroid disease. The test may also be done to monitor progress and treatment of these diseases."eGFR test is applicable for patients aged 18 years or more."

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Patient NAME		Report STATUS :	
DOB/Age/Gender		Barcode NO :	
Patient ID / UHID		Sample Type :	
Referred BY		Report Date :	
Sample Collected			
Test Description	Value(s)	Unit(s)	Reference Range

### Lipid Profile

Total Cholesterol <i>Enzymatic - Cholesterol Oxidase</i>	194	mg/dL	<200
Triglycerides <i>Colorimetric - Lip/Glycerol Kinase</i>	64.2	mg/dL	<150
HDL Cholesterol <i>Accelerator Selective Detergent</i>	<b>82.3</b>	mg/dL	>40
Non HDL Cholesterol * <i>Calculated</i>	111.7	mg/dL	<130
LDL Cholesterol * <i>Calculated</i>	98.86	mg/dL	<100
V.L.D.L Cholesterol * <i>Calculated</i>	12.84	mg/dL	< 30
Chol/HDL Ratio * <i>Calculated</i>	<b>2.36</b>	Ratio	3.5 - 5.0
HDL/ LDL Ratio * <i>Calculated</i>	0.83	Ratio	0.5 - 3.0
LDL/HDL Ratio * <i>Calculated</i>	1.2	Ratio	-

#### Interpretation:

Lipid level assessments must be made following 9 to 12 hours of fasting, otherwise assay results might lead to erroneous interpretation. NCEP recommends of 3 different samples to be drawn at intervals of 1 week for harmonizing biological variables that might be encountered in single assays.

National Lipid Association Recommendations (NLA-2014)	Total Cholesterol (mg/dL)	Triglyceride (mg/dL)	LDL Cholesterol (mg/dL)	Non HDL Cholesterol (mg/dL)
Optimal	<200	<150	<100	<130
Above Optimal			100-129	130 - 159
Borderline High	200-239	150-199	130-159	160 - 189
High	>=240	200-499	160-189	190 - 219
Very High	-	>=500	>=190	>=220

HDL Cholesterol	
Low	High
<40	>=60

#### Risk Stratification for ASCVD (Atherosclerotic Cardiovascular Disease) by Lipid Association of India.

<b>Risk Category</b>	A. CAD with > 1 feature of high risk group
<b>Extreme risk group</b>	B. CAD with >1 feature of very high risk group of recurrent ACS (within 1 year) despite LDL-C <or = 50 mg/dl or poly vascular disease
<b>Very High Risk</b>	1.Established ASCVD 2.Diabetes with 2 major risk factors of evidence of end organ damage 3. Familial Homozygous Hypercholesterolemia
	1. Three major ASCVD risk factors 2. Diabetes with 1 major risk factor or no evidence

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CONSULTANT PATHOLOGIST

Patient NAME	Report STATUS
DOB/Age/Gender	Barcode NO
Patient ID / UHID	Sample Type
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Sample Collected	

Test Description	Value(s)	Unit(s)	Reference Range
<b>High Risk</b>	of end organ damage 3. CHD stage 3B or 4. 4 LDL >190 mg/dl 5. Extreme of a single risk factor 6. Coronary Artery Calcium - CAC > 300 AU 7. Lipoprotein a >= 50 mg/dl 8. Non stenotic carotid plaque		
<b>Moderate Risk</b>	2 major ASCVD risk factors		
<b>Low Risk</b>	0-1 major ASCVD risk factors		
<b>Major ASCVD (Atherosclerotic cardiovascular disease) Risk Factors</b>			
1. Age >=45 years in Males & >= 55 years in Females	3. Current Cigarette smoking or tobacco use		
2. Family history of premature ASCVD	4. High blood pressure		
5. Low HDL			

**Newer treatment goals and statin initiation thresholds based on the risk categories proposed by Lipid Association of India in 2020.**

Risk Group	Treatment Goals		Consider Drug Therapy	
	LDL-C (mg/dl)	Non-HDL (mg/dl)	LDL-C (mg/dl)	Non-HDL (mg/dl)
Extreme Risk Group Category A	<50 (Optional goal <OR = 30)	<80 (Optional goal <OR = 60)	>OR = 50	>OR = 80
Extreme Risk Group Category B	>OR = 30	>OR = 60	> 30	> 60
Very High Risk	<50	<80	>OR = 50	>OR = 80
High Risk	<70	<100	>OR = 70	>OR = 100
Moderate Risk	<100	<130	>OR = 100	>OR = 130
Low Risk	<100	<130	>OR = 130*	>OR = 160

\* After an adequate non-pharmacological intervention for at least 3 months.

**References : Management of Dyslipidaemia for the Prevention of Stroke : Clinical practice Recommendations from the Lipid Association of India. Current Vascular Pharmacology,2022,20,134-155.**

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DOB/Age/Gender :		Barcode NO :	
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Sample Collected :			

Test Description	Value(s)	Unit(s)	Reference Range
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### TSH 3rd Generation

Thyroid Stimulating Hormone (Ultrasensitive) CMIA	4.4	µIU/mL	0.35 - 4.94
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**Interpretation:**

Pregnancy	Reference ranges TSH
1st Trimester	0.1 - 2.5
2nd Trimester	0.2 - 3.0
3rd Trimester	0.3 - 3.0

**Note:**  
TSH levels are subject to circadian variation, reaching peak levels between 2-4 am. and at a minimum between 6-10 pm. The variation is of 50 %, hence time of the day has influence on the measured serum TSH concentrations.

**Clinical Use:**

- Diagnose Hypothyroidism and Hyperthyroidism
- Monitor T4 replacement or T4 suppressive therapy
- Quantify TSH levels in the subnormal range

**Increased Levels :** Primary hypothyroidism, Subclinical hypothyroidis, TSH dependent Hyperthyroidism, Thyroid hormone resistance

**Decreased Levels:** Grace disease, Autonomous thyroid hormone secretion, TSH deficiency

### Luteinizing Hormone (LH)

Luteinising Hormone-LH CMIA	15	mIU/mL	Follicular Phase 1.80 - 11.78 Mid-Cycle Peak 7.59 - 89.08 Luteal Phase 0.56 - 14.00 Postmenopausal Females Without HRT 5.16 - 61.99
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**Interpretation:**

**Clinical Use**

- Diagnosis of gonadal function disorders
- Diagnosis of pituitary disorders

**Increased levels**

- Primary hypogonadism
- Gonadotropin secreting pituitary tumors

**Decreased levels**

- Hypothalamic GnRH deficiency
- Pituitary LH deficiency
- Ectopic steroid hormone production
- GnRH analog treatment

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Patient ID / UHID :		Sample Type
Referred BY :		Report Date
Sample Collected :		

Test Description	Value(s)	Unit(s)	Reference Range
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### Follicle Stimulating Hormone (FSH)

Follicle Stimulating Hormone-FSH <i>CMIA</i>	3.2	mIU/mL	Normally Menstruating Females Follicular Phase 3.03 - 8.08 Mid-Cycle Peak 2.55 - 16.69 Luteal Phase 1.38 - 5.47 Postmenopausal Females 26.72 - 133.41
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<p><b>Interpretation:</b></p> <p><b>Clinical Use</b></p> <ol style="list-style-type: none"> <li>1. Diagnosis of gonadal function disorders</li> <li>2. Management and treatment of infertility in both genders</li> </ol> <p><b>Increased levels</b></p> <ol style="list-style-type: none"> <li>1. Primary hypogonadism</li> <li>2. Gonadotropin secreting pituitary tumors</li> <li>3. Menopause</li> </ol> <p><b>Decreased levels</b></p> <ol style="list-style-type: none"> <li>1. Hypothalamic GnRH deficiency</li> <li>2. Pituitary FSH deficiency</li> <li>3. Ectopic steroid hormone production</li> </ol>			
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### Iron

Iron <i>Ferene</i>	70.5	µg/dL	50 - 170
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<p><b>Interpretation:</b></p> <p>Iron is body's essential trace element used for differential diagnosis of anemias, diagnosis of hemochromatosis and hemosiderosis.</p>			
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Patient NAME	
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Sample Collected	Report Date

Test Description	Value(s)	Unit(s)	Reference Range
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## Urine Routine and Microscopic Examination

Physical Examination			
Volume *	20	mL	-
Colour *	Pale yellow	-	Pale yellow
Transparency *	Clear	-	Clear
Deposit *	Absent	-	Absent
Chemical Examination			
Reaction (pH) <i>Double Indicator</i>	8.0	-	4.5 - 8.0
Specific Gravity <i>Ion Exchange</i>	1.010	-	1.010 - 1.030
Urine Glucose (sugar) <i>Oxidase / Peroxidase</i>	Negative	-	Negative
Urine Protein (Albumin) <i>Acid / Base Colour Exchange</i>	Negative	-	Negative
Urine Ketones (Acetone) <i>Legals Test</i>	Negative	-	Negative
Blood <i>Peroxidase Hemoglobin</i>	Negative	-	Negative
Leucocyte esterase <i>Enzymatic Reaction</i>	Negative	-	Negative
Bilirubin Urine <i>Coupling Reaction</i>	Negative	-	Negative
Nitrite <i>Griless Test</i>	Negative	-	Negative
Urobilinogen <i>Ehrlichs Test</i>	Normal	-	Normal
Microscopic Examination			
Pus Cells (WBCs) *	1-2	/hpf	0 - 5
Epithelial Cells *	4-6	/hpf	0 - 4
Red blood Cells *	Absent	/hpf	Absent
Crystals *	Absent	-	Absent
Cast *	Absent	-	Absent
Yeast Cells *	Absent	-	Absent
Amorphous deposits *	Absent	-	Absent
Bacteria	Absent	-	Absent
Protozoa *	Absent	-	Absent
<p><b>Interpretation:</b>  <b>URINALYSIS-</b> Routine urine analysis assists in screening and diagnosis of various metabolic, urological, kidney and liver disorders.</p> <p><b>Protein:</b> Elevated proteins can be an early sign of kidney disease. Urinary protein excretion can also be temporarily elevated by strenuous exercise, orthostatic proteinuria, dehydration, urinary tract infections and acute illness with fever</p>			

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Patient ID / UHID :		Sample Type
Referred BY :		Report Date
Sample Collected :		

Test Description	Value(s)	Unit(s)	Reference Range
<p><b>Glucose:</b> Uncontrolled diabetes mellitus can lead to presence of glucose in urine. Other causes include pregnancy, hormonal disturbances, liver disease and certain medications.</p>			
<p><b>Ketones:</b> Uncontrolled diabetes mellitus can lead to presence of ketones in urine. Ketones can also be seen in starvation, frequent vomiting, pregnancy and strenuous exercise.</p>			
<p><b>Blood:</b> Occult blood can occur in urine as intact erythrocytes or haemoglobin, which can occur in various urological, nephrological and bleeding disorders.</p>			
<p><b>Leukocytes:</b> An increase in leukocytes is an indication of inflammation in urinary tract or kidneys. Most common cause is bacterial urinary tract infection.</p>			
<p><b>Nitrite:</b> Many bacteria give positive results when their number is high. Nitrite concentration during infection increases with length of time the urine specimen is retained in bladder prior to collection.</p>			
<p><b>pH:</b> The kidneys play an important role in maintaining acid base balance of the body. Conditions of the body producing acidosis/ alkalosis or ingestion of certain type of food can affect the pH of urine.</p>			
<p><b>Specific gravity:</b> Specific gravity gives an indication of how concentrated the urine is. Increased specific gravity is seen in conditions like dehydration, glycosuria and proteinuria while decreased specific gravity is seen in excessive fluid intake, renal failure and diabetes insipidus.</p>			
<p><b>Bilirubin:</b> In certain liver diseases such as biliary obstruction or hepatitis, bilirubin gets excreted in urine.</p>			
<p><b>Urobilinogen:</b> Positive results are seen in liver diseases like hepatitis and cirrhosis and in cases of haemolytic anaemia.</p>			

\*\*\* End Of Report \*\*\*

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**Patient Data**

Sample ID:  
 Patient ID:  
 Name:  
 Physician:  
 Sex:  
 DOB:

**Analysis Data**

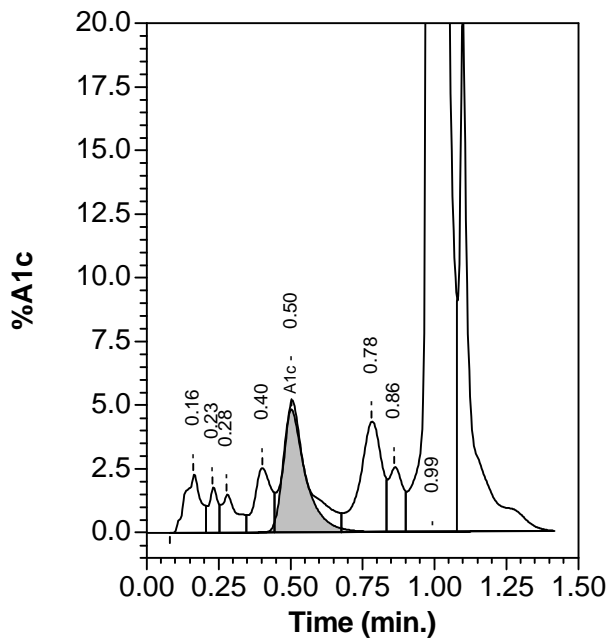
Analysis Performed:  
 Injection Number:  
 Run Number:  
 Rack ID:  
 Tube Number:  
 Report Generated:  
 Operator ID:

Comments:

Peak Name	NGSP %	Area %	Retention Time (min)	Peak Area
A1a	---	1.3	0.161	21528
A1b	---	0.5	0.228	9283
F	---	0.8	0.278	13485
LA1c	---	1.4	0.401	24475
A1c	4.8	---	0.502	65404
P3	---	3.3	0.781	55642
P4	---	1.2	0.860	20616
Ao	---	87.6	0.992	1490627

Total Area: 1,701,061

**HbA1c (NGSP) = 4.8 %**



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