

# smart Health Report

An Insightful Health Analytics Report  
for Easier Understanding

Prepared For



## Your Health at a Glance – A Personalized Journey

### Report Sections

- 1 Body Summary**  
A visual snapshot of your overall health, simple and easy to understand
- 2 Quick Health Highlights**  
Your health scores and a single view of all abnormal results for quick attention
- 3 Lab Report Overview**  
Understand at a glance which tests are normal and which are abnormal
- 4 Personalized Health Advisory**  
Actionable insights and expert guidance tailored just for you
- 5 Doctor's Reference Report**  
Complete lab results with interpretations to share with your healthcare provider

### How to Read This Report

This comprehensive health report provides detailed insights into your test results. Each section offers different perspectives on your health status, from visual summaries to detailed analysis and personalized recommendations.

## Health Summary



### BLOOD COUNTS

Test Name	Result
RBC Count	4.85

Please Watchout



### CARDIAC PROFILE

Test Name	Result
HIGHLY SENSITIVE C-REACTIVE PROTEIN (hs-CRP)	
Total Cholesterol	
HDL Cholesterol	

+ 3 tests Please Watchout



### KIDNEY PROFILE

Test Name	Result
Blood Urea	16.2
Bun	7.57
Calcium Serum	8.6

Please Watchout



### ELECTROLYTES

Everything looks good



### VITAMIN PROFILE

Test Name	Result
Vitamin - B12	186

Please Watchout



### THYROID PROFILE

Everything looks good



### DIABETES MONITORING

Test Name	Result
Glycosylated Hemoglobin (HbA1c)	6.2
Glucose Fasting	119

Please Watchout



### LIVER PROFILE

Test Name	Result
Alkaline Phosphatase	117

Please Watchout



### ANEMIA STUDIES

Test Name	Result
RDW-CV	10.9

Please Watchout



### MINERAL PROFILE

Everything looks good

## Quick Health Summary

### Personal Insights - Score

**69** (Good)

Your health assessment indicates a significant concern with inflammation and allergy levels, which may require attention. Other parameters, including cardiac health and diabetes, are within a moderate range, suggesting a balanced approach to lifestyle changes. Overall, maintaining a healthy diet and regular check-ups will support your well-being.



### Summary of Key Health Indicators

Total Parameters Tested	Abnormal Results
101	20

### Health Status by Body System

Profile	Abnormal / Total	Key Results
Cardiac Profile	6 / 10	<ul style="list-style-type: none"> <li>● <b>HIGHLY SENSITIVE C-REACTIVE PROTEIN (hs-CRP): 35.6 mg/L</b> (Normal: 0-1 mg/L)</li> <li>● <b>Total Cholesterol: 222 mg/dL</b> (Normal: 0-200 mg/dL)</li> <li>● <b>HDL Cholesterol: 86.6 mg/dL</b> (Normal: 40-80 mg/dL)</li> </ul> <p>+3 more abnormal tests</p>
Kidney Profile	3 / 13	<ul style="list-style-type: none"> <li>● <b>Blood Urea: 16.2 mg/dL</b> (Normal: 18-55 mg/dL)</li> <li>● <b>Bun: 7.57 mg/dL</b> (Normal: 9.8-20.1 mg/dL)</li> <li>● <b>Calcium Serum: 8.6 mg/dL</b> (Normal: 8.8-10.0 mg/dL)</li> </ul>
Inflammation	2 / 2	<ul style="list-style-type: none"> <li>● <b>ESR - Erythrocyte Sedimentation Rate: 29 mm/hr</b> (Normal: 0-14 mm/hr)</li> <li>● <b>CRP (Quantitative): 39.8 mg/L</b> (Normal: 0-5 mg/L)</li> </ul>
Blood Clotting	2 / 5	<ul style="list-style-type: none"> <li>● <b>Mean Platelet Volume (MPV): 8.2 fL</b> (Normal: 9.3-12.1 fL)</li> <li>● <b>P-LCR: 17.6 %</b> (Normal: 18-50 %)</li> </ul>
Diabetes Monitoring	2 / 3	<ul style="list-style-type: none"> <li>● <b>Glycosylated Hemoglobin (HbA1c): 6.2 %</b> (Normal: 0-5.7 %)</li> <li>● <b>Glucose Fasting: 119 mg/dL</b> (Normal: 70-100 mg/dL)</li> </ul>
Anemia Studies	1 / 11	<ul style="list-style-type: none"> <li>● <b>RDW (CV): 10.9 %</b> (Normal: 11.6-14.0 %)</li> </ul>
Vitamin Profile	1 / 2	<ul style="list-style-type: none"> <li>● <b>Vitamin - B12: 186 pg/mL</b> (Normal: 187-883 pg/mL)</li> </ul>
Immunity	1 / 1	<ul style="list-style-type: none"> <li>● <b>IMMUNOGLOBULIN IgE TOTAL SERUM: 534 IU/mL</b> (Normal: 0-100 IU/mL)</li> </ul>

Profile	Abnormal / Total	Key Results
Blood Counts	1 / 14	● RBC Count: 4.85 10 <sup>6</sup> /μl (Normal: 3.8–4.8 10 <sup>6</sup> /μl)
Liver Profile	1 / 12	● Alkaline Phosphatase: 117 U/L (Normal: 35–104 U/L)
Arthritis Screening	0 / 1	All Normal
Thyroid Profile	0 / 3	All Normal
Cancer Profile	0 / 1	All Normal
Mineral Profile	0 / 1	All Normal
Electrolytes	0 / 3	All Normal
Urinalysis	0 / 17	All Normal

## Report Summary

● Normal

● Abnormal

No color - Reference range not available

### INFLAMMATION

Test Name	Result unit	Range
● ESR - Erythrocyte Sedimentation Rate	<b>29</b> mm/hr	< 14
● CRP (Quantitative)	<b>39.8</b> mg/L	< 5

### ANEMIA STUDIES

Test Name	Result unit	Range
● Iron	56.4 µg/dL	50-170
● TIBC,(Total Iron Binding Capacity)	309.4 µg/dL	250-450
● UIBC	253 µg/dL	70-310
● Transferrin Saturation	18.23 %	14-50
● Hemoglobin	14.0 g/dL	12-15
● PCV	41.4 %	36-46
● MCV	85.3 fl	83-101
● MCH	28.9 pg	27-32
● MCHC	33.8 g/dL	31.5-34.5
● RDW (CV)	<b>10.9</b> %	11.6-14
● RDW-SD	36.2 fl	35.1-43.9

### CARDIAC PROFILE

Test Name	Result unit	Range
● HIGHLY SENSITIVE C-REACTIVE PROTEIN (hs-CRP)	<b>35.6</b> mg/L	< 1
● Total Cholesterol	<b>222</b> mg/dL	< 200
● Triglycerides	109 mg/dL	< 150
● HDL Cholesterol	<b>86.6</b> mg/dL	40-80
● Non HDL Cholesterol	<b>135.4</b> mg/dL	< 130
● LDL Cholesterol	<b>113.6</b> mg/dL	30-100
● V.L.D.L Cholesterol	21.8 mg/dL	< 30
● Chol/HDL Ratio	<b>2.56</b> Ratio	3.5-5
● HDL/ LDL Ratio	0.76 Ratio	0.5-3
LDL/HDL Ratio	1.31 Ratio	

## Report Summary

Normal

Abnormal

No color - Reference range not available

### ARTHRITIS SCREENING

Test Name	Result unit	Range
<input checked="" type="radio"/> RHEUMATOID FACTOR, Quantitative	12.9 IU/mL	< 14

### VITAMIN PROFILE

Test Name	Result unit	Range
<input type="radio"/> Vitamin - B12	186 pg/mL	187-883
<input checked="" type="radio"/> Vitamin D 25 - Hydroxy	39.8 ng/mL	30-100

### THYROID PROFILE

Test Name	Result unit	Range
<input checked="" type="radio"/> Triiodothyronine (T3)	124 ng/dL	80-200
<input checked="" type="radio"/> Total Thyroxine (T4)	9.19 µg/dL	4.5-11.7
<input checked="" type="radio"/> Thyroid Stimulating Hormone (Ultrasensitive)	2.49 mIU/L	0.35-4.94

### CANCER PROFILE

Test Name	Result unit	Range
<input checked="" type="radio"/> CA 125 OVARIAN CANCER MARKER, SERUM	8.9 U/mL	< 35

### IMMUNITY

Test Name	Result unit	Range
<input type="radio"/> IMMUNOGLOBULIN IgE TOTAL SERUM	534 IU/mL	< 100

## Report Summary

● Normal

● Abnormal

No color - Reference range not available

### BLOOD COUNTS

Test Name	Result unit	Range
● RBC Count	<b>4.85</b> 10 <sup>6</sup> /μl	3.8-4.8
● TLC	9.1 10 <sup>3</sup> /μl	4-10
● Neutrophils	72.3 %	40-80
● Lymphocytes	20.5 %	20-40
● Monocytes	4.7 %	2-10
● Eosinophils	1.8 %	1-6
● Basophils	0.7 %	< 2
● Neutrophils.	6.58 10 <sup>3</sup> /μl	2-7
● Lymphocytes.	1.87 10 <sup>3</sup> /μl	1-3
● Monocytes.	0.43 10 <sup>3</sup> /μl	0.2-1
● Eosinophils.	0.16 10 <sup>3</sup> /μl	0.02-0.5
● Basophils.	0.06 10 <sup>3</sup> /μl	< 0.5
● Platelet Count	306 10 <sup>3</sup> /μl	150-410
Mentzer Index	17.59 %	

### BLOOD CLOTTING

Test Name	Result unit	Range
● Mean Platelet Volume (MPV)	<b>8.2</b> fL	9.3-12.1
● PCT	0.2 %	0.17-0.32
● PDW	11.2 fL	8.3-25
● P-LCR	<b>17.6</b> %	18-50
● P-LCC	54 10 <sup>9</sup> /L	44-140

### DIABETES MONITORING

Test Name	Result unit	Range
● Glycosylated Hemoglobin (HbA1c)	<b>6.2</b> %	< 5.7
Estimated Average Glucose	131.24 mg/dL	
● Glucose Fasting	<b>119</b> mg/dL	70-100

## Report Summary

● Normal

● Abnormal

No color - Reference range not available

### LIVER PROFILE

Test Name	Result unit	Range
● Bilirubin Total	0.56 mg/dL	< 1.2
● Bilirubin Direct	0.4 mg/dL	< 0.5
● Bilirubin Indirect	0.16 mg/dL	< 1
● SGOT/AST	15.6 U/L	< 35
● SGPT/ALT	14.1 U/L	< 35
SGOT/SGPT Ratio	1.11 %	
● Alkaline Phosphatase	<b>117</b> U/L	35-104
● Total Protein	7.0 g/dL	6.4-8.3
● Albumin	4.2 g/dL	3.5-5.2
● Globulin	2.8 g/dL	2.3-3.5
● Albumin :Globulin Ratio	1.5	< 2.1
● Gamma Glutamyl Transferase (GGT)	23.9 U/L	< 36

### KIDNEY PROFILE

Test Name	Result unit	Range
● Blood Urea	<b>16.2</b> mg/dL	18-55
● Bun	<b>7.57</b> mg/dL	9.8-20.1
● Creatinine	0.5 mg/dL	0.5-0.9
eGFR (CKD-EPI)	107.28 mL/min/1.73 sq m	
● Bun/Creatinine Ratio	15.14	12-20
● Urea / Creatinine Ratio	32.4	25.68-42.8
● Uric Acid	3.7 mg/dL	2.4-5.7
● Calcium Serum	<b>8.6</b> mg/dL	8.8-10
● Colour	Pale yellow	
● Deposit	Absent	
● Urine Glucose (sugar)	Negative	
● Yeast Cells	Absent	
● Amorphous deposits	Absent	

### MINERAL PROFILE

Test Name	Result unit	Range
● Phosphorus	3.3 mg/dL	2.3-4.7

## Report Summary

● Normal

● Abnormal

No color - Reference range not available

### ELECTROLYTE PROFILE

Test Name	Result <small>unit</small>	Range
<span style="color: green;">●</span> Sodium	144 mmol/L	136-145
<span style="color: green;">●</span> Potassium	3.9 mmol/L	3.5-5.1
<span style="color: green;">●</span> Chloride	106.1 mmol/L	98-107

### URINALYSIS

Test Name	Result <small>unit</small>	Range
<span style="color: green;">●</span> Volume	15 ml	
<span style="color: green;">●</span> Transparency	Clear	
<span style="color: green;">●</span> Reaction (pH)	6.0	4.5-8
<span style="color: green;">●</span> Specific Gravity	1.020	1.01-1.03
<span style="color: green;">●</span> Urine Protein (Albumin)	Negative	
<span style="color: green;">●</span> Urine Ketones (Acetone)	Negative	
<span style="color: green;">●</span> Blood	Negative	
Leucocyte esterase	Negative	
<span style="color: green;">●</span> Bilirubin Urine	Negative	
<span style="color: green;">●</span> Nitrite	Negative	
<span style="color: green;">●</span> Urobilinogen	Normal	
Pus Cells (WBCs)	3-4 /hpf	
<span style="color: green;">●</span> Epithelial Cells	2-3 /hpf	
<span style="color: green;">●</span> Red blood Cells	Absent /hpf	
<span style="color: green;">●</span> Crystals	Absent	
<span style="color: green;">●</span> Cast	Absent	
<span style="color: green;">●</span> Bacteria	Absent	

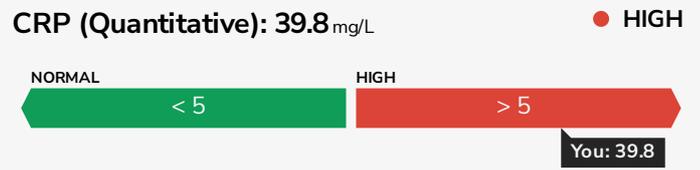
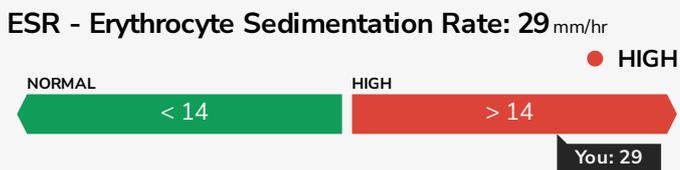
## Health Advisory

● Normal (N) ● Low (L) ● High (H)



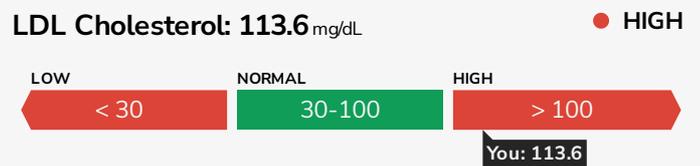
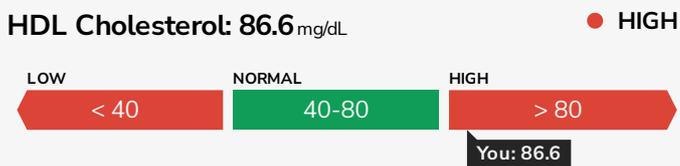
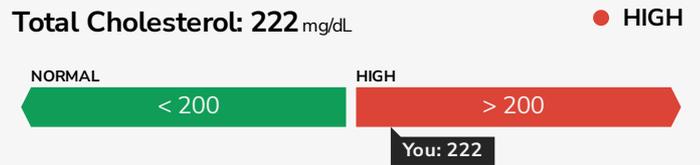
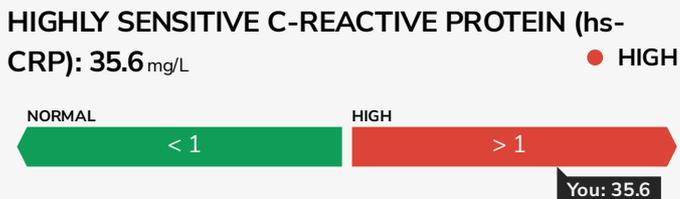
### Inflammation

Inflammation is the body's immune system's response to an injury, surgery, or irritation. This natural defense process acts by removing injurious stimuli and initiating the healing process. Inflammation can be chronic (such as arthritis) or acute (like in case of trauma).



### Cardiac Profile

Most people believe they are safe from heart diseases, but in reality, heart diseases are the leading cause of death in the world. There are many different forms of heart disease. Narrowing or blockage of the coronary arteries is the most common cause of heart disease, which are the vessels that supply blood to the heart. This is called coronary artery disease and it occurs slowly over time. It is the main cause of heart attacks.



### Vitamins Profile

Vitamins are considered essential nutrients because they perform hundreds of roles in your body. They help maintain bones, heal wounds, and strengthen your immune system. They also convert food into energy, and repair cellular damage.

Vitamin - B12: 186 pg/mL

● LOW



## Immunity

Immunity is your body's ability to fight infection and protect your body from viruses and bacteria. When your immunity is weak, or your immune system does not work properly then it will result in you getting ill and some diseases like AIDS and HIV.

IMMUNOGLOBULIN IgE TOTAL SERUM: 534 IU/mL

● HIGH



## Diabetes

This panel is used to check how much glucose/sugar there is in your blood. Too much blood glucose might indicate diabetes.

Glycosylated Hemoglobin (HbA1c): 6.2 %

● HIGH



Glucose Fasting: 119 mg/dL

● HIGH

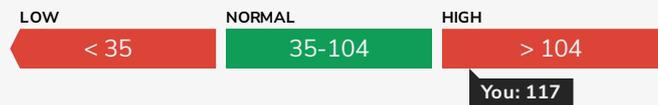


## Liver Profile

One of the main functions of your liver is to make proteins that are secreted in your blood. It also makes enzymes which convert food into energy, and processes old muscles and cells. When your liver is damaged, enzymes leak into your blood and appear in the blood test

Alkaline Phosphatase: 117 U/L

● HIGH

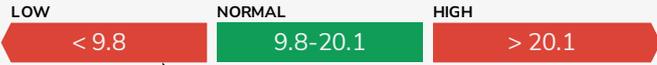


## Kidney Profile

This panel is used to check healthy functioning of your kidneys. Kidneys filter blood in your body to remove waste products - these waste products are produced when breakdown of proteins (present in food, muscles and other cells) occurs in the body to generate energy

**Bun: 7.57** mg/dL

● LOW



You: 7.57

**Calcium Serum: 8.6** mg/dL

● LOW



You: 8.6

Patient NAME :		Report STATUS :		
DOB/Age/Gender :		Barcode NO :		
Patient ID / UHID :		Sample Type :		
Referred BY :		Report Date :	PM.	
Sample Collected :				

Test Description	Value(s)	Unit(s)	Reference Range
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## Senior Citizen Full Body Check Up- Female (Comprehensive)

### Complete Blood Count (CBC)

RBC Parameters			
Hemoglobin <i>colorimetric</i>	14.0	g/dL	12.0 - 15.0
RBC Count <i>Electrical impedance</i>	<b>4.85</b>	10 <sup>6</sup> /μl	3.8 - 4.8
PCV <i>Calculated</i>	41.4	%	36 - 46
MCV <i>Calculated</i>	85.3	fl	83 - 101
MCH <i>Calculated</i>	28.9	pg	27 - 32
MCHC <i>Calculated</i>	33.8	g/dL	31.5 - 34.5
RDW (CV) * <i>Calculated</i>	<b>10.9</b>	%	11.6 - 14.0
RDW-SD * <i>Calculated</i>	36.2	fl	35.1 - 43.9
WBC Parameters			
TLC <i>Electrical impedance and microscopy</i>	9.1	10 <sup>3</sup> /μl	4 - 10
Differential Leucocyte Count			
Neutrophils	72.3	%	40-80
Lymphocytes	20.5	%	20-40
Monocytes	4.7	%	2-10
Eosinophils	1.8	%	1-6
Basophils	0.7	%	<2
Absolute Leukocyte Counts <i>Calculated</i>			
Neutrophils.	6.58	10 <sup>3</sup> /μl	2 - 7
Lymphocytes.	1.87	10 <sup>3</sup> /μl	1 - 3
Monocytes.	0.43	10 <sup>3</sup> /μl	0.2 - 1.0
Eosinophils.	0.16	10 <sup>3</sup> /μl	0.02 - 0.5
Basophils.	0.06	10 <sup>3</sup> /μl	0.02 - 0.5
Platelet Parameters			
Platelet Count <i>Electrical impedance and microscopy</i>	306	10 <sup>3</sup> /μl	150 - 410
Mean Platelet Volume (MPV) * <i>Calculated</i>	<b>8.2</b>	fL	9.3 - 12.1
PCT * <i>Calculated</i>	0.2	%	0.17 - 0.32

(\* ) Parameter(s) are outside the scope of tests recognized under the NABL M(EL)T Scheme.



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Patient NAME :		Report STATUS :	
DOB/Age/Gender :		Barcode NO :	
Patient ID / UHID :		Sample Type :	
Referred BY :		Report Date :	
Sample Collected :		PM.	

Test Description	Value(s)	Unit(s)	Reference Range
PDW * <i>Calculated</i>	11.2	fL	8.3 - 25.0
P-LCR * <i>Calculated</i>	<b>17.6</b>	%	18 - 50
P-LCC * <i>Calculated</i>	54	10 <sup>9</sup> /L	44 - 140
Mentzer Index * <i>Calculated</i>	17.59	%	> 13

**Interpretation:**

CBC provides information about red cells, white cells and platelets. Results are useful in the diagnosis of anemia, infections, leukemias, clotting disorders and many other medical conditions.

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Test Description	Value(s)	Unit(s)	Reference Range
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### Erythrocyte Sedimentation Rate (ESR)

ESR - Erythrocyte Sedimentation Rate <i>MODIFIED WESTERGREN</i>	<b>29</b>	mm/hr	0 - 14
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**Interpretation:**

ESR is also known as Erythrocyte Sedimentation Rate. An ESR test is used to assess inflammation in the body. Many conditions can cause an abnormal ESR, so an ESR test is typically used with other tests to diagnose and monitor different diseases. An elevated ESR may occur in inflammatory conditions including infection, rheumatoid arthritis, systemic vasculitis, anemia, multiple myeloma, etc. Low levels are typically seen in congestive heart failure, polycythemia, sickle cell anemia, hypo fibrinogenemia, etc.

**Reference-** Dacie and Lewis practical hematology

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Test Description	Value(s)	Unit(s)	Reference Range
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### HbA1C (Glycosylated Haemoglobin)

Glycosylated Hemoglobin (HbA1c) <i>HPLC</i>	<b>6.2</b>	%	<5.7
Estimated Average Glucose *	131.24	mg/dL	Refer Table Below

**Interpretation:**

**Interpretation For HbA1c% As per American Diabetes Association (ADA)**

Reference Group	HbA1c in %
Non diabetic adults >=18 years	<5.7
At risk (Prediabetes)	5.7 - 6.4
Diagnosing Diabetes	>= 6.5
Therapeutic goals for glycemic control	Age > 19 years Goal of therapy: < 7.0 Age < 19 years Goal of therapy: <7.5

**Note:**

- Since HbA1c reflects long term fluctuations in the blood glucose concentration, a diabetic patient who is recently under good control may still have a high concentration of HbA1c. Converse is true for a diabetic previously under good control but now poorly controlled.
- Target goals of < 7.0 % may be beneficial in patients with short duration of diabetes, long life expectancy and no significant cardiovascular disease. In patients with significant complications of diabetes, limited life expectancy or extensive co-morbid conditions, targeting a goal of < 7.0 % may not be appropriate.

**Comments :**

HbA1c provides an index of average blood glucose levels over the past 8 - 12 weeks and is a much better indicator of long term glycemic control as compared to blood and urinary glucose determinations ADA criteria for correlation between HbA1c & Mean plasma glucose levels.

HbA1c(%)	Mean Plasma Glucose (mg/dL)	HbA1c(%)	Mean Plasma Glucose (mg/dL)
6	126	12	298
8	183	14	355
10	240	16	413

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Referred BY :		Report Date :	PM.	
Sample Collected :				

Test Description	Value(s)	Unit(s)	Reference Range
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### Glucose Fasting

Glucose Fasting <i>Hexokinase</i>	<b>119</b>	mg/dL	70 - 100
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**Interpretation:**

Status	Fasting plasma glucose in mg/dL
Normal	70 - 100
Impaired fasting glucose	101 - 125
Diabetes	≥126

**Reference :** American Diabetes Association

**Comment :**

Blood glucose determinations are commonly used as an aid in the diagnosis and treatment of diabetes. Elevated glucose levels (hyperglycemia) may also occur with pancreatic neoplasm, hyperthyroidism, and adrenal cortical hyper function as well as other disorders. Decreased glucose levels (hypoglycemia) may result from excessive insulin therapy, insulinoma, or various liver diseases.

**Note**

- The diagnosis of Diabetes requires a fasting plasma glucose of  $\geq 126$  mg/dL or a random / 2 hour plasma glucose value of  $\geq 200$  mg/dL with symptoms of diabetes mellitus.
- Very high glucose levels ( $>450$  mg/dL in adults) may result in Diabetic Ketoacidosis.

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Test Description	Value(s)	Unit(s)	Reference Range
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### Liver Function Test (LFT)

Bilirubin Total <i>Photometric</i>	0.56	mg/dL	0.2 - 1.2
Bilirubin Direct * <i>Diazo Reaction</i>	0.4	mg/dL	0.0 - 0.5
Bilirubin Indirect * <i>Calculation (T Bil - D Bil)</i>	0.16	mg/dL	0.1 - 1.0
SGOT/AST <i>IFCC with P5P</i>	15.6	U/L	0 - 35
SGPT/ALT <i>IFCC with P5P</i>	14.1	U/L	0 - 35
SGOT/SGPT Ratio *	1.11	-	-
Alkaline Phosphatase	<b>117</b>	U/L	35-104
Total Protein <i>Biuret</i>	7.0	g/dL	6.4 - 8.3
Albumin <i>Bromocresol Green</i>	4.2	g/d	3.5 - 5.2
Globulin * <i>Calculation (T.P - Albumin)</i>	2.8	g/dL	2.3 - 3.5
Albumin :Globulin Ratio * <i>Calculation (Albumin/Globulin)</i>	1.5	-	1.0 - 2.1
Gamma Glutamyl Transferase (GGT) * <i>Enzymatic Colorimetry</i>	23.9	U/L	5 - 36

#### Interpretation:

The liver filters blood, metabolizes nutrients, detoxifies harmful substances, and produces blood clotting proteins. Liver cells contain enzymes that facilitate these functions. When cells are damaged, enzymes leak into the blood, detectable through blood tests.

Key enzymes tested:

- 1. AST (SGOT):** may indicate tissue injury / damage in muscles or liver.
- 2. ALT (SGPT):** Primarily in the liver. Elevated ALT and AST suggest liver damage.
- 3. Alkaline Phosphatase & GGT:** Linked to bile production and flow. Elevated levels may indicate bile flow issues related to the liver, gallbladder, or bile ducts.

Blood proteins, **albumin and globulin**, are essential for growth, development, and health.

- 1. Low protein:** May indicate bleeding, liver disorders, malnutrition, or agammaglobulinemia.
- 2. High protein (Hyperproteinemia):** Often due to dehydration or increased protein production.
- 3. Low albumin:** Caused by poor diet, kidney, or liver disease.
- 4. High albumin:** Usually due to severe dehydration.

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Test Description	Value(s)	Unit(s)	Reference Range
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### Kidney Function Test (KFT)

Blood Urea <i>Urease</i>	16.2	mg/dL	18 - 55
Bun * <i>Urease</i>	7.57	mg/dL	9.8 - 20.1
Creatinine <i>Jaffe Kinetic</i>	0.5	mg/dl	0.50 - 0.90
eGFR (CKD-EPI)	107.28	ml/min/1.73 sq m	Normal Or High: >= 90 Mild Or Decrease: 60-89 Mild To Moderate Decrease: 45-59 Mild To Severe Decrease: 30-44 Severe Decrease: 15-29 Kidney Failure: < 15
Bun/Creatinine Ratio * <i>Calculated</i>	15.14		12 - 20
Urea / Creatinine Ratio * <i>Calculated</i>	32.4		25.68- 42.8
Uric Acid <i>Uricase</i>	3.7	mg/dL	2.4 - 5.7
Calcium Serum <i>Arsenazo III</i>	8.6	mg/dL	8.8 - 10.0
Phosphorus <i>Photometric</i>	3.3	mg/dL	2.3 - 4.7
Sodium <i>Potentiometric</i>	144	mmol/L	136 - 145
Potassium <i>Potentiometric</i>	3.9	mmol/L	3.5 - 5.1
Chloride <i>Potentiometric</i>	106.1	mmol/L	98 - 107

#### Interpretation:

Kidney function tests is a collective term for a variety of individual tests and procedures that can be done to evaluate how well the kidneys are functioning. Many conditions can affect the ability of the kidneys to carry out their vital functions. Some lead to a rapid (acute) decline in kidney function others lead to a gradual (chronic) decline in function. Both result in a buildup of toxic waste substances done on urine samples, as well as on blood samples. A number of symptoms may indicate a problem with your kidneys. These include : high blood pressure, blood in urine, frequent urges to urinate, difficulty beginning urination, painful urination, swelling in the hands and feet due to a buildup of fluids in the body. A single symptom may not mean something serious. However, when occurring simultaneously, these symptoms suggest that your kidneys are not working properly. Kidney function tests can help determine the reason. Ionized calcium this test if you have signs of kidney or parathyroid disease. The test may also be done to monitor progress and treatment of these diseases."eGFR test is applicable for patients aged 18 years or more."

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Patient ID / UHID :		Sample Type :		
Referred BY :		Report Date :	PM.	
Sample Collected :				

Test Description	Value(s)	Unit(s)	Reference Range
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### Lipid Profile

Total Cholesterol <i>Enzymatic - Cholesterol Oxidase</i>	<b>222</b>	mg/dL	<200
Triglycerides <i>Colorimetric - Lip/Glycerol Kinase</i>	109	mg/dL	<150
HDL Cholesterol <i>Accelerator Selective Detergent</i>	<b>86.6</b>	mg/dL	>40
Non HDL Cholesterol * <i>Calculated</i>	<b>135.4</b>	mg/dL	<130
LDL Cholesterol * <i>Calculated</i>	<b>113.6</b>	mg/dL	<100
V.L.D.L Cholesterol * <i>Calculated</i>	21.8	mg/dL	< 30
Chol/HDL Ratio * <i>Calculated</i>	<b>2.56</b>	Ratio	3.5 - 5.0
HDL/ LDL Ratio * <i>Calculated</i>	0.76	Ratio	0.5 - 3.0
LDL/HDL Ratio * <i>Calculated</i>	1.31	Ratio	-

#### Interpretation:

Lipid level assessments must be made following 9 to 12 hours of fasting, otherwise assay results might lead to erroneous interpretation. NCEP recommends of 3 different samples to be drawn at intervals of 1 week for harmonizing biological variables that might be encountered in single assays.

National Lipid Association Recommendations (NLA-2014)	Total Cholesterol (mg/dL)	Triglyceride (mg/dL)	LDL Cholesterol (mg/dL)	Non HDL Cholesterol (mg/dL)
Optimal	<200	<150	<100	<130
Above Optimal			100-129	130 - 159
Borderline High	200-239	150-199	130-159	160 - 189
High	>=240	200-499	160-189	190 - 219
Very High	-	>=500	>=190	>=220

HDL Cholesterol	
Low	High
<40	>=60

#### Risk Stratification for ASCVD (Atherosclerotic Cardiovascular Disease) by Lipid Association of India.

<b>Risk Category</b>	A. CAD with > 1 feature of high risk group
<b>Extreme risk group</b>	B. CAD with >1 feature of very high risk group of recurrent ACS (within 1 year) despite LDL-C <or = 50 mg/dl or poly vascular disease
<b>Very High Risk</b>	1.Established ASCVD 2.Diabetes with 2 major risk factors of evidence of end organ damage 3. Familial Homozygous Hypercholesterolemia
	1. Three major ASCVD risk factors 2. Diabetes with 1 major risk factor or no evidence

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Referred BY :	Sample Type :	
Sample Collected :	Report Date :	

Test Description	Value(s)	Unit(s)	Reference Range
<b>High Risk</b>	of end organ damage 3. CHD stage 3B or 4. 4 LDL >190 mg/dl 5. Extreme of a single risk factor 6. Coronary Artery Calcium - CAC > 300 AU 7. Lipoprotein a >= 50 mg/dl 8. Non stenotic carotid plaque		
<b>Moderate Risk</b>	2 major ASCVD risk factors		
<b>Low Risk</b>	0-1 major ASCVD risk factors		
<b>Major ASCVD (Atherosclerotic cardiovascular disease) Risk Factors</b>			
1. Age >=45 years in Males & >= 55 years in Females	3. Current Cigarette smoking or tobacco use		
2. Family history of premature ASCVD	4. High blood pressure		
5. Low HDL			

**Newer treatment goals and statin initiation thresholds based on the risk categories proposed by Lipid Association of India in 2020.**

Risk Group	Treatment Goals		Consider Drug Therapy	
	LDL-C (mg/dl)	Non-HDL (mg/dl)	LDL-C (mg/dl)	Non-HDL (mg/dl)
Extreme Risk Group Category A	<50 (Optional goal <OR = 30)	<80 (Optional goal <OR = 60)	>OR = 50	>OR = 80
Extreme Risk Group Category B	>OR = 30	>OR = 60	> 30	> 60
Very High Risk	<50	<80	>OR = 50	>OR = 80
High Risk	<70	<100	>OR = 70	>OR = 100
Moderate Risk	<100	<130	>OR = 100	>OR = 130
Low Risk	<100	<130	>OR = 130*	>OR = 160

\* After an adequate non-pharmacological intervention for at least 3 months.

**References : Management of Dyslipidaemia for the Prevention of Stroke : Clinical practice Recommendations from the Lipid Association of India. Current Vascular Pharmacology,2022,20,134-155.**

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Test Description	Value(s)	Unit(s)	Reference Range
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### Iron Studies

Iron <i>Ferene</i>	56.4	µg/dL	50 - 170
TIBC,(Total Iron Binding Capacity) <i>Calculated</i>	309.4	µg/dL	250 - 450
UIBC <i>Ferene</i>	253	µg/dL	70 - 310
Transferrin Saturation <i>Method :Derived from IRON and TIBC values</i>	18.23	%	-

#### Interpretation:

Increased levels due to iron ingestion or ineffective erythropoiesis. Decreased levels due to infection, inflammation, malignancy, menstruation and Fe deficiency. Needs to be taken into consideration with TIBC. Transferrin Saturation:- Low level Transferrin Saturation can indicate iron deficiency, erythropoiesis, infection, or inflammation. High level Transferrin Saturation can indicate recent ingestion of dietary iron, ineffective erythropoiesis, haemochromatosis or liver disease. High TIBC, UIBC, or transferrin usually indicates iron deficiency, but they are also increased in pregnancy and with the use of oral contraceptives. Low TIBC, UIBC, or transferrin may occur if someone has: Hemochromatosis, Certain types of anemia due to accumulated iron, Malnutrition, kidney disease that causes a loss of protein in urine.

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Test Description	Value(s)	Unit(s)	Reference Range

### C-Reactive Protein (CRP), Quantitative

CRP (Quantitative) <i>Immunoturbidimetry</i>	<b>39.8</b>	mg/L	up to 5
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**Interpretation:**

**Increased CRP level:**

1. A high or increasing amount of CRP in the blood suggests the presence of inflammation but will not identify its location or the cause.
2. Suspected bacterial infection—a high CRP level can provide indication that patient has an infection.
3. Chronic inflammatory disease—high levels of CRP suggest a flare-up if you have a chronic inflammatory disease or that treatment has not been effective.

If the CRP level is initially elevated and drops, it means that the inflammation or infection is subsiding and/or responding to treatment.

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Sample Collected :			

Test Description	Value(s)	Unit(s)	Reference Range
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### High Sensitivity C-Reactive Protein (Hs-CRP)

HIGHLY SENSITIVE C-REACTIVE PROTEIN (hs-CRP) <i>immunoturbidimetric</i>	<b>35.6</b>	mg/L	< 1.00
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**Interpretation:**

Cardio CRP In mg/L	Cardiovascular Risk
<1	Low
1-3	Average
3-10	High
>10	Persistent elevation may represent Non cardiovascular inflammation

**Note:** To assess vascular risk, it is recommended to test hsCRP levels 2 or more weeks apart and calculate the average

**Comments:**

High sensitivity C Reactive Protein (hsCRP) significantly improves cardiovascular risk assessment as it is a strongest predictor of future coronary events. It reveals the risk of future Myocardial infarction and Stroke among healthy men and women, independent of traditional risk factors. It identifies patients at risk of first Myocardial infarction even with low to moderate lipid levels. The risk of recurrent cardiovascular events also correlates well with hsCRP levels. It is a powerful independent risk determinant in the prediction of incident Diabetes.

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Test Description	Value(s)	Unit(s)	Reference Range
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### **Rheumatoid Factor (RF), Quantitative**

RHEUMATOID FACTOR, Quantitative <i>Immunoturbidimetry</i>	12.9	IU/mL	0 - 14
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**Interpretation:**

Approximately 85% of patients with Rheumatoid arthritis have detectable RA. It may also be seen in other medical conditions like Sjogren's syndrome and SLE.

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Test Description	Value(s)	Unit(s)	Reference Range
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### Vitamin B12 / Cyanocobalamin

Vitamin - B12 ECLIA	<b>186</b>	pg/mL	187 - 883
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**Interpretation:**

Low Values are a sign of a vitamin B12 deficiency. People with this deficiency are likely to have or develop symptoms.

Causes of vitamin B12 deficiency include: Not enough vitamin B12 in diet (rare except with a strict vegetarian diet), Diseases that cause malabsorption (for example, celiac disease and Crohn's disease), Lack of intrinsic factor, Above normal heat production (for example, with hyperthyroidism), Pregnancy. Increased vitamin B12 levels are uncommon. Usually excess vitamin B12 is removed in the urine. Conditions that can increase B12 levels include: Liver disease (such as cirrhosis or hepatitis), Myeloproliferative disorders (for example, polycythemia vera and chronic myelocytic leukemia).

Vitamin B12: Low Levels can cause malabsorption, Lack of intrinsic factor, Above normal heat production (for example, with hyperthyroidism), Pregnancy. High Level Liver disease, Myeloproliferative disorders (for example, polycythemia vera and chronic myelocytic leukemia).

1. Out of 140 healthy indian population, 91% of Vitamin B 12 concentrations was at lower level: 59.00 pg/ml and upper level: 700.00 pg/ml

"Patients on Biotin supplement may have interference in some immunoassays. Ref: Arch Pathol Lab Med—Vol 141, November 2017. With individuals taking high dose Biotin (more than 5 mg per day) supplements, at least 8-hour wait time before blood draw is recommended."

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Test Description	Value(s)	Unit(s)	Reference Range

### Vitamin D 25 Hydroxy

Vitamin D 25 - Hydroxy ECLIA	39.8	ng/mL	Deficiency : <30 ng/mL
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**Interpretation:**

25-Hydroxy vitamin D represents the main body reservoir and transport form. Mild to moderate deficiency is associated with Osteoporosis / Secondary Hyperparathyroidism while severe deficiency causes Rickets in children and Osteomalacia in adults. Prevalence of Vitamin D deficiency is approximately >50% specially in the elderly. This assay is useful for diagnosis of vitamin D deficiency and Hypervitaminosis D. It is also used for differential diagnosis of causes of Rickets & Osteomalacia and for monitoring Vitamin D replacement therapy.

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### Thyroid Profile Total

Triiodothyronine (T3) ECLIA	124	ng/dL	80 - 200
Total Thyroxine (T4) ECLIA	9.19	µg/dL	4.5 - 11.7
Thyroid Stimulating Hormone (Ultrasensitive) CMIA	2.49	mIU/L	0.35 - 4.94

#### Interpretation:

Pregnancy	Reference Range TSH
1st Trimester	0.1 - 2.5
2nd Trimester	0.2 - 3.0
3rd Trimester	0.3 - 3.0

#### Clinical Use:

1. Diagnose Hypothyroidism & Hyperthyroidism
2. Monitor T4 therapy
3. Measure subnormal TSH levels

**Increased TSH:** Primary hypothyroidism, Subclinical hypothyroidism, TSH-dependent hyperthyroidism, Thyroid hormone resistance

**Decreased TSH:** Graves' disease, Autonomous thyroid hormone secretion, TSH deficiency

Thyroid malfunction (hyper or hypo) affects T3 & T4 levels. Pituitary or hypothalamic issues also influence thyroid activity.

1. **Primary Hypothyroidism:** High TSH levels.
2. **Secondary/Tertiary Hypothyroidism:** Low TSH levels.
3. **Euthyroid Sick Syndrome:** Abnormal thyroid test results due to non-thyroidal illnesses (NTI).

TBG levels are stable in healthy individuals but may be altered by pregnancy, estrogens, androgens, steroids, or glucocorticoids, causing inaccurate T3 & T4 readings.

TSH	T4	T3	Interpretation
High	Normal	Normal	Mild (subclinical) hypothyroidism
High	Low	Low Or Normal	Hypothyroidism
Low	Normal	Normal	Mild (subclinical) hyperthyroidism
Low	High Or Normal	High Or Normal	Hyperthyroidism
Low	Low Or Normal	Low Or Normal	Nonthyroidal illness; pituitary (secondary) hypothyroidism
Normal	High	High	Thyroid hormone resistance syndrome (a mutation in the thyroid hormone receptor decreases thyroid hormone function)

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Test Description	Value(s)	Unit(s)	Reference Range
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### CA 125 (Ovarian Cancer Marker)

CA 125 OVARIAN CANCER MARKER, SERUM CMIA	8.9	U/mL	<35
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**Interpretation:**

CA 125 is a surface antigen, identified as a 200 - 1000 kDa mucin-like glycoprotein associated with non-mucinous epithelial ovarian malignancy. CA 125 is a useful tumor marker for evaluating therapy and monitoring disease status in patients under treatment for ovarian cancer. Measured serially the levels of CA 125 correspond with disease progression or regression. The rate of change in CA 125 is also highly prognostic. As a diagnostic tool however, the level of CA 125 alone is not sufficient to determine the presence of extent of disease. Levels of CA 125 should not be interpreted as absolute evidence of the presence or the absence of malignant disease. Before treatment, patients with confirmed ovarian carcinoma frequently have levels of CA 125 within the range observed in healthy regarding the histological grade or diameter of the tumor mass.

Elevated levels of CA 125 can be observed in patients with nonmalignant diseases. Patients with certain benign conditions, such as hepatic cirrhosis, acute pancreatitis, endometriosis, pelvic inflammatory disease, menstruation and first trimester pregnancy show elevated levels of CA 125. Elevated levels are also found in 1 to 2 % of healthy donors.

Measurements of CA 125 should always be used in conjunction with other diagnostic procedures, including information from the patients clinical evaluation. The concentration of CA 125 in a given specimen determined with assays from different manufacturers can vary due to differences in assay methods, calibration, and reagent specificity. Values obtained with different assay methods cannot be used interchangeably. Heterophilic antibodies in human serum can react with reagent immunoglobulins, interfering with in vitro immunoassays. Patients routinely exposed to animal or to animal serum products can be prone to this interference and anomalous values may be observed

(\* ) Parameter(s) are outside the scope of tests recognized under the NABL M(EL)T Scheme.



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Patient NAME :		Report STATUS :	
DOB/Age/Gender :		Barcode NO :	
Patient ID / UHID :		Sample Type :	
Referred BY :		Report Date :	
Sample Collected :			



Test Description	Value(s)	Unit(s)	Reference Range
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### CA 19.9 (Pancreatic Cancer Marker)

CA 19.9 ;PANCREATIC CANCER MARKER, SERUM CLIA	7.05	U/mL	<37
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**Interpretation:**

- Note :**
1. This test is not recommended to screen Pancreatic cancer in the general population.
  2. False negative/positive results are observed in patients receiving mouse monoclonal antibodies for diagnosis or therapy
  3. This assay, regardless of level, should not be interpreted as absolute evidence for the presence or absence of malignant disease. The assay value should be used in conjunction with findings from clinical evaluation and other diagnostic procedures.
  4. Persistently elevated CA 19-9 levels are usually indicative of progressive malignant disease and poor therapeutic response

**Clinical Use :**

1. An aid in the management of Pancreatic cancer patients
2. Monitor the course of disease and predict recurrence in patients with Pancreatic carcinoma

DISEASE	PERCENTAGE POSITIVITY OF CA 19.9
Pancreatic cancer	80
Hepatobiliary cancer	67
Gastric cancer	40-50
Hepatocellular cancer	30-50
Colorectal cancer	30
Breast cancer	15
Pancreatitis	10-20
Benign Gastrointestinal diseases	10-20

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DOB/Age/Gender :		Barcode NO :	
Patient ID / UHID :		Sample Type :	
Referred BY :		Report Date :	
Sample Collected :			

Test Description	Value(s)	Unit(s)	Reference Range
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### Immunoglobulin E (IgE Total)

IMMUNOGLOBULIN IgE TOTAL SERUM <i>ECLIA</i>	<b>534</b>	IU/mL	0 - 100
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#### **Interpretation:**

The level of serum IgE rises during childhood and reaches adult levels during the teens. IgE is the mediator of the allergic response. Patients with atopic disease, including allergic asthma, allergic rhinitis, and atopic dermatitis commonly have moderately elevated serum IgE levels. Total serum IgE levels may also be elevated in the presence of some clinical conditions that are not related to allergy. These clinical conditions include parasitic infections, immunodeficiency states, autoimmune diseases, Hodgkins disease, bronchopulmonary aspergillosis, IgE myeloma, and Sezary syndrome.

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DOB/Age/Gender :		Barcode NO :	
Patient ID / UHID :		Sample Type :	
Referred BY :		Report Date :	PM.
Sample Collected :			



Test Description	Value(s)	Unit(s)	Reference Range
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### Urine Routine and Microscopic Examination

Physical Examination *			
Volume *	15	ml	-
Colour *	Pale yellow	-	Pale yellow
Transparency *	Clear	-	Clear
Deposit *	Absent	-	Absent

Chemical Examination *			
Reaction (pH) <i>Double Indicator</i>	6.0	-	4.5 - 8.0
Specific Gravity <i>Ion Exchange</i>	1.020	-	1.010 - 1.030
Urine Glucose (sugar) <i>Oxidase / Peroxidase</i>	Negative	-	Negative
Urine Protein (Albumin) <i>Acid / Base Colour Exchange</i>	Negative	-	Negative
Urine Ketones (Acetone) <i>Legal's Test</i>	Negative	-	Negative
Blood <i>Peroxidase Hemoglobin</i>	Negative	-	Negative
Leucocyte esterase <i>Enzymatic Reaction</i>	Negative	-	Negative
Bilirubin Urine <i>Coupling Reaction</i>	Negative	-	Negative
Nitrite <i>Griffith's Test</i>	Negative	-	Negative
Urobilinogen <i>Ehrlich's Test</i>	Normal	-	Normal

Microscopic Examination *			
Pus Cells (WBCs) *	3-4	/hpf	0 - 5
Epithelial Cells *	2-3	/hpf	0 - 4
Red blood Cells *	Absent	/hpf	Absent
Crystals *	Absent	-	Absent
Cast *	Absent	-	Absent
Yeast Cells *	Absent	-	Absent
Amorphous deposits *	Absent	-	Absent
Bacteria *	Absent	-	Absent
Protozoa *	Absent	-	Absent

**Interpretation:**

**URINALYSIS-** Routine urine analysis assists in screening and diagnosis of various metabolic, urological, kidney and liver disorders.

**Protein:** Elevated proteins can be an early sign of kidney disease. Urinary protein excretion can also be temporarily elevated by strenuous exercise, orthostatic proteinuria, dehydration, urinary tract infections and acute illness with fever

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Patient NAME :		Report STATUS :		
DOB/Age/Gender :		Barcode NO :		
Patient ID / UHID :		Sample Type :		
Referred BY :		Report Date :	PM.	
Sample Collected :				

Test Description	Value(s)	Unit(s)	Reference Range
<p><b>Glucose:</b> Uncontrolled diabetes mellitus can lead to presence of glucose in urine. Other causes include pregnancy, hormonal disturbances, liver disease and certain medications.</p> <p><b>Ketones:</b> Uncontrolled diabetes mellitus can lead to presence of ketones in urine. Ketones can also be seen in starvation, frequent vomiting, pregnancy and strenuous exercise.</p> <p><b>Blood:</b> Occult blood can occur in urine as intact erythrocytes or haemoglobin, which can occur in various urological, nephrological and bleeding disorders.</p> <p><b>Leukocytes:</b> An increase in leukocytes is an indication of inflammation in urinary tract or kidneys. Most common cause is bacterial urinary tract infection.</p> <p><b>Nitrite:</b> Many bacteria give positive results when their number is high. Nitrite concentration during infection increases with length of time the urine specimen is retained in bladder prior to collection.</p> <p><b>pH:</b> The kidneys play an important role in maintaining acid base balance of the body. Conditions of the body producing acidosis/ alkalosis or ingestion of certain type of food can affect the pH of urine.</p> <p><b>Specific gravity:</b> Specific gravity gives an indication of how concentrated the urine is. Increased specific gravity is seen in conditions like dehydration, glycosuria and proteinuria while decreased specific gravity is seen in excessive fluid intake, renal failure and diabetes insipidus.</p> <p><b>Bilirubin:</b> In certain liver diseases such as biliary obstruction or hepatitis, bilirubin gets excreted in urine.</p> <p><b>Urobilinogen:</b> Positive results are seen in liver diseases like hepatitis and cirrhosis and in cases of haemolytic anaemia.</p>			

\*\*\* End Of Report \*\*\*

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**Bio-Rad CDM System  
VII Inst. #1. SN-16442**

**PATIENT REPORT  
V2TURBO\_A1c\_2.0**

**Patient Data**

Sample ID:  
Patient ID:  
Name:  
Physician:  
Sex:  
DOB:

**Analysis Data**

Analysis Performed: 12/28/2025 15:31:42  
Injection Number: 3646  
Run Number: 43  
Rack ID: 0004  
Tube Number: 3  
Report Generated: 12/28/2025 15:33:33  
Operator ID:

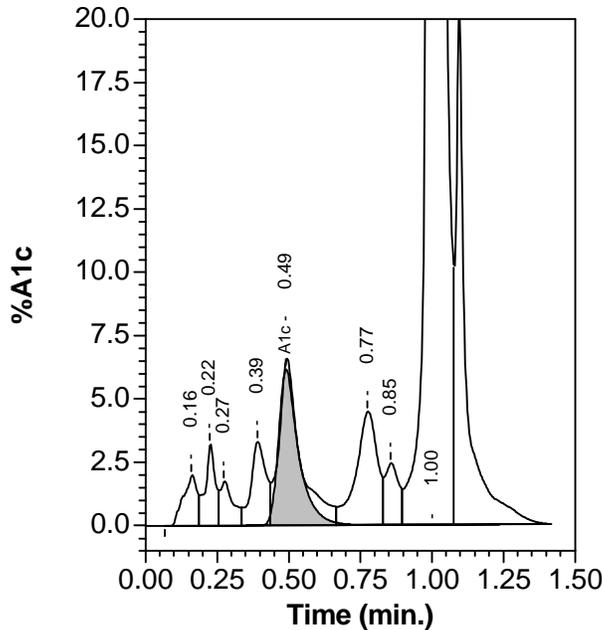
Comments:

Peak Name	NGSP %	Area %	Retention Time (min)	Peak Area
A1a	---	1.1	0.159	18880
A1b	---	1.3	0.222	22129
F	---	0.9	0.273	15200
LA1c	---	1.9	0.391	32801
A1c	6.2*	---	0.490	85545
P3	---	3.7	0.774	64468
P4	---	1.3	0.854	22471
Ao	---	84.8	1.002	1460164

\*Values outside of expected ranges

Total Area: 1,721,659

**HbA1c (NGSP) = 6.2\* %**



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1. The presented findings in the Reports are intended solely for informational and interpretational purposes by the referring physician or other qualified medical professionals possessing a comprehensive understanding of reporting units, reference ranges, and technological limitations. The laboratory shall not be held liable for any interpretation or misinterpretation of the results, nor for any consequential or incidental damages arising from such interpretation.
2. It is to be presumed that the tests performed pertain to the specimen/sample attributed to the Customer's name or identification. It is presumed that the verification particulars have been cleared out by the customer or his/her representation at the point of generation of said specimen / sample. It is hereby clarified that the reports furnished are restricted solely to the given specimen only.
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