

smart Health Report

An Insightful Health Analytics Report
for Easier Understanding



Prepared For

Mr MR.DUMMY

M 23

Name
Mr MR.DUMMY

Patient ID
8053330

Gender
M

Age
23

Health Summary



BLOOD COUNTS

Everything looks good



LIPID PROFILE

Everything looks good



DIABETES MONITORING

Everything looks good



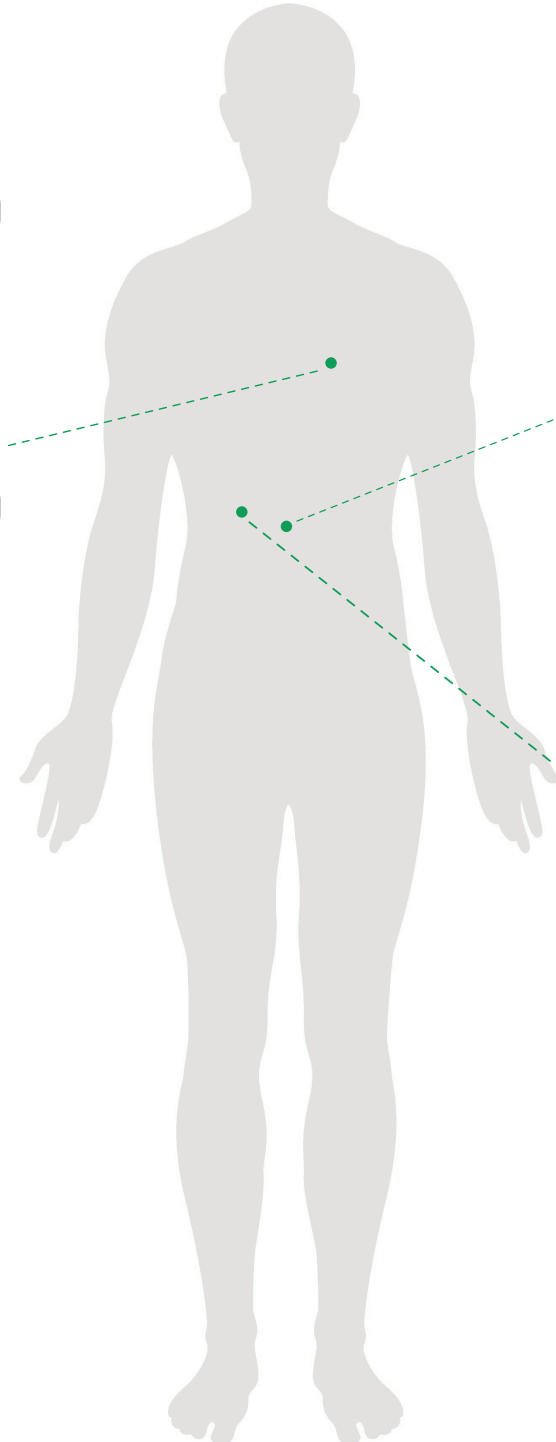
LIVER PROFILE

Everything looks good



ANEMIA STUDIES

Everything looks good



Patient Name : Mr MR.DUMMY	Sample Collected : Apr 26, 2024, 01:00 PM
DOB/Age/Gender : 23 Y/Male	Report Date : May 25, 2024, 06:35 PM.
Patient ID / UHID : 8053330/RCL7249378	Barcode No : HY587991
Referred By : Dr. Dr. X	Report Status : Final Report
Sample Type : Whole blood EDTA	

Test Description	Value(s)	Unit(s)	Reference Range
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Full Body Checkup With Blood Group Test

Complete Blood Count (CBC)

RBC Parameters			
Hemoglobin <i>Spectrophotometry</i>	13.8	g/dL	13.0 - 17.0
RBC Count <i>Electrical impedance</i>	5.4	10 ⁶ /μl	4.5 - 5.5
PCV <i>Calculated</i>	42.1	%	40 - 50
MCV <i>Calculated</i>	78.4	fl	83 - 101
MCH <i>Calculated</i>	25.6	pg	27 - 32
MCHC <i>Calculated</i>	32.7	g/dL	31.5 - 34.5
RDW (CV) <i>Calculated</i>	13.7	%	11.6 - 14.0
RDW-SD <i>Calculated</i>	34.8	fl	35.1 - 43.9
WBC Parameters			
TLC <i>Electrical impedance and microscopy</i>	12.2	10 ³ /μl	4 - 10
Differential Leucocyte Count			
Neutrophils <i>Flow-cytometry DHSS</i>	70	%	40-80
Lymphocytes <i>Flow-cytometry DHSS</i>	20	%	20-40
Monocytes <i>Flow-cytometry DHSS</i>	8	%	2-10
Eosinophils <i>Flow-cytometry DHSS</i>	2	%	1-6
Basophils <i>Flow-cytometry DHSS</i>	0	%	<2
Absolute Leukocyte Counts <i>Calculated</i>			
Neutrophils.	8.54	10 ³ /μl	2 - 7
Lymphocytes. <i>Calculated</i>	2.44	10 ³ /μl	1 - 3
Monocytes. <i>Calculated</i>	0.98	10 ³ /μl	0.2 - 1.0
Eosinophils. <i>Calculated</i>	0.24	10 ³ /μl	0.02 - 0.5
Basophils.	0	10 ³ /μl	0.02 - 0.5

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Processing Lab :-

928-909-0609

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DOB/Age/Gender	: 23 Y/Male	Report Date	: May 25, 2024, 06:35 PM.
Patient ID / UHID	: 8053330/RCL7249378	Barcode No	: HY587991
Referred By	: Dr. Dr. X	Report Status	: Final Report
Sample Type	: Whole blood EDTA		

Test Description	Value(s)	Unit(s)	Reference Range
<i>Calculated</i>			
Platelet Parameters			
Platelet Count <i>Electrical impedance and microscopy</i>	217	10 ³ /μl	150 - 410
Mean Platelet Volume (MPV) <i>Calculated</i>	9.9	fL	9.3 - 12.1
PCT <i>Calculated</i>	0.2	%	0.17 - 0.32
PDW <i>Calculated</i>	17.3	fL	8.3 - 25.0
P-LCR <i>Calculated</i>	34.5	%	18 - 50
P-LCC <i>Calculated</i>	75	%	44 - 140
Mentzer Index <i>Calculated</i>	14.52	%	> 13

Interpretation:
CBC provides information about red cells, white cells and platelets. Results are useful in the diagnosis of anemia, infections, leukemias, clotting disorders and many other medical conditions.



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Patient ID / UHID : 8053330/RCL7249378	Barcode No : HY587991
Referred By : Dr. Dr. X	Report Status : Final Report
Sample Type : Whole blood EDTA	

Test Description	Value(s)	Unit(s)	Reference Range
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Erythrocyte Sedimentation Rate (ESR)

ESR - Erythrocyte Sedimentation Rate MODIFIED WESTERGREN	6	mm/hr	0 - 10
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Interpretation:

ESR is also known as Erythrocyte Sedimentation Rate. An ESR test is used to assess inflammation in the body. Many conditions can cause an abnormal ESR, so an ESR test is typically used with other tests to diagnose and monitor different diseases. An elevated ESR may occur in inflammatory conditions including infection, rheumatoid arthritis, systemic vasculitis, anemia, multiple myeloma, etc. Low levels are typically seen in congestive heart failure, polycythemia, sickle cell anemia, hypo fibrinogenemia, etc.

AGE	MALE	FEMALE
1 DAY	0-2	0-2
2 - 7 DAYS	0-4	0-4
8 - 14 DAYS	0-17	0-17
15 DAYS - 17 YEARS	0-20	0-20
18 - 50 YEARS	0-10	0-12
51 - 60 YEARS	0-12	0-19
61 - 70 YEARS	0-14	0-20
71 - 100 YEARS	0-30	0-35

Reference- Dacie and lewis practical hematology



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DOB/Age/Gender	: 23 Y/Male	Report Date	: May 25, 2024, 06:35 PM.
Patient ID / UHID	: 8053330/RCL7249378	Barcode No	: HY587991
Referred By	: Dr. Dr. X	Report Status	: Final Report
Sample Type	: Whole blood EDTA		

Test Description	Value(s)	Unit(s)	Reference Range
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Blood Group ABO & Rh Typing

Blood Group	A		
Rh Factor	Positive		



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Patient Name	: Mr MR.DUMMY	Sample Collected	: Apr 26, 2024, 01:00 PM
DOB/Age/Gender	: 23 Y/Male	Report Date	: May 08, 2024, 11:43 AM.
Patient ID / UHID	: 8053330/RCL7249378	Barcode No	: ZC669293
Referred By	: Dr. Dr. X	Report Status	: Final Report
Sample Type	: FLUORIDE F		

Test Description	Value(s)	Unit(s)	Reference Range
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Glucose Fasting (BSF)

Glucose Fasting <i>Hexokinase</i>	87.0	mg/dL	<100
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Interpretation:

Status	Fasting plasma glucose in mg/dL
Normal	<100
Impaired fasting glucose	100 - 125
Diabetes	≥126

Reference : American Diabetes Association

Comment :

Blood glucose determinations are commonly used as an aid in the diagnosis and treatment of diabetes. Elevated glucose levels (hyperglycemia) may also occur with pancreatic neoplasm, hyperthyroidism, and adrenal cortical hyper function as well as other disorders. Decreased glucose levels (hypoglycemia) may result from excessive insulin therapy, insulinoma, or various liver diseases.

Note

- 1.The diagnosis of Diabetes requires a fasting plasma glucose of > or = 126 mg/dL or a random / 2 hour plasma glucose value of > or = 200 mg/dL with symptoms of diabetes mellitus.
- 2.Very high glucose levels (>450 mg/dL in adults) may result in Diabetic Ketoacidosis.



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Patient Name : Mr MR.DUMMY	Sample Collected : Apr 26, 2024, 01:00 PM
DOB/Age/Gender : 23 Y/Male	Report Date : May 09, 2024, 10:24 AM.
Patient ID / UHID : 8053330/RCL7249378	Barcode No : ZC669294
Referred By : Dr. Dr. X	Report Status : Final Report
Sample Type : Serum	

Test Description	Value(s)	Unit(s)	Reference Range
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Liver Function Test (LFT)

Bilirubin Total <i>Diazo</i>	0.54	mg/dL	0 - 1.2
Bilirubin Direct <i>Diazo Jondrof</i>	0.12	mg/dL	0 - 0.20
Bilirubin Indirect <i>Calculation (T Bil - D Bil)</i>	0.42	mg/dL	0.1 - 1.0
SGOT/AST <i>IFCC without P5P</i>	32.0	U/L	up to 40
SGPT/ALT <i>IFCC without P5P</i>	34.0	U/L	up to 41
SGOT/SGPT Ratio <i>Calculated</i>	0.94	%	-
Alkaline Phosphatase <i>IFCC</i>	98.0	U/L	40 - 129
Total Protein <i>Biuret</i>	8.0	g/dL	6.4 - 8.3
Albumin <i>BCG Colorimetric</i>	4.7	g/dL	3.5 - 5.2
Globulin <i>Calculation (T.P - Albumin)</i>	3.3	g/dL	2.3 - 3.5
Albumin :Globulin Ratio <i>Calculation (Albumin/Globulin)</i>	1.42	-	1.3 - 2.1
Gamma Glutamyl Transferase (GGT) <i>IFCC Colorimetric</i>	12.0	U/L	8 - 61

Interpretation:

The liver filters and processes blood as it circulates through the body. It metabolizes nutrients, detoxifies harmful substances, makes blood clotting proteins, and performs many other vital functions. The cells in the liver contain proteins called enzymes that drive these chemical reactions. When liver cells are damaged or destroyed, the enzymes in the cells leak out into the blood, where they can be measured by blood tests. Liver tests check the blood for two main liver enzymes. Aspartate aminotransferase (AST), SGOT: The AST enzyme is also found in muscles and many other tissues besides the liver. Alanine aminotransferase (ALT), SGPT: ALT is almost exclusively found in the liver. If ALT and AST are found together in elevated amounts in the blood, liver damage is most likely present. Alkaline Phosphatase and GGT: Another of the liver's key functions is the production of bile, which helps digest fat. Bile flows through the liver in a system of small tubes (ducts), and is eventually stored in the gallbladder, under the liver. When bile flow is slow or blocked, blood levels of certain liver enzymes rise: Alkaline phosphatase Gamma-utamyI transpeptidase (GGT) Liver tests may check for any or all of these enzymes in the blood. Alkaline phosphatase is by far the most commonly tested of the three. If alkaline phosphatase and GGT are elevated, a problem with bile flow is most likely present. Bile flow problems can be due to a problem in the liver, the gallbladder, or the tubes connecting them. Proteins are important building blocks of all cells and tissues. Proteins are necessary for your body's growth, development, and health. Blood contains two classes of protein, albumin and globulin. Albumin proteins keep fluid from leaking out of blood vessels. Globulin proteins play an important role in your immune system. Low total protein may

Indicate:

1. Bleeding
2. Liver disorder
3. Malnutrition
4. Agammaglobulinemia High Protein levels 'Hyperproteinemia: May be seen in dehydration due to inadequate water intake or to excessive water loss (eg, severe vomiting, diarrhea, Addison's disease and diabetic acidosis) or as a result of increased production of proteins Low



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Patient Name	: Mr MR.DUMMY	Sample Collected	: Apr 26, 2024, 01:00 PM
DOB/Age/Gender	: 23 Y/Male	Report Date	: May 09, 2024, 10:24 AM.
Patient ID / UHID	: 8053330/RCL7249378	Barcode No	: ZC669294
Referred By	: Dr. Dr. X	Report Status	: Final Report
Sample Type	: Serum		

Test Description	Value(s)	Unit(s)	Reference Range
albumin levels may be			
Caused by:			
1.A poor diet (malnutrition).			
2.Kidney disease.			
3.Liver disease. High albumin levels may be caused by: Severe dehydration.			



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Patient Name : Mr MR.DUMMY

DOB/Age/Gender : 23 Y/Male

Patient ID / UHID : 8053330/RCL7249378

Referred By : Dr. Dr. X

Sample Type : Serum

Sample Collected : Apr 26, 2024, 01:00 PM

Report Date : May 09, 2024, 09:44 AM.

Barcode No : ZC669294

Report Status : Final Report

Test Description	Value(s)	Unit(s)	Reference Range
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Lipid Profile

Total Cholesterol <i>Enzymatic - Cholesterol Oxidase</i>	178.4	mg/dL	<200
Triglycerides <i>Colorimetric - Lip/Glycerol Kinase</i>	123.4	mg/dL	<150
HDL Cholesterol <i>Phosphotungstic acid- Enzymatic</i>	54.5	mg/dL	> 40
Non HDL Cholesterol <i>Calculated</i>	123.9	mg/dL	<130
LDL Cholesterol <i>Calculated</i>	99.22	mg/dL	<100
V.L.D.L Cholesterol <i>Calculated</i>	24.68	mg/dL	< 30
Chol/HDL Ratio <i>Calculated</i>	3.27	Ratio	-
HDL/ LDL Ratio <i>Calculated</i>	0.55	Ratio	-
LDL/HDL Ratio <i>Calculated</i>	1.82	Ratio	-

Interpretation:

Lipid level assessments must be made following 9 to 12 hours of fasting, otherwise assay results might lead to erroneous interpretation. NCEP recommends of 3 different samples to be drawn at intervals of 1 week for harmonizing biological variables that might be encountered in single assays.

National Lipid Association Recommendations (NLA-2014)	Total Cholesterol (mg/dL)	Triglyceride (mg/dL)	LDL Cholesterol (mg/dL)	Non HDL Cholesterol (mg/dL)
Optimal	<200	<150	<100	<130
Above Optimal			100-129	130 - 159
Borderline High	200-239	150-199	130-159	160 - 189
High	>=240	200-499	160-189	190 - 219
Very High	-	>=500	>=190	>=220

HDL Cholesterol	
Low	High
<40	>=60

Risk Stratification for ASCVD (Atherosclerotic Cardiovascular Disease) by Lipid Association of India.

Risk Category	A. CAD with > 1 feature of high risk group
Extreme risk group	B. CAD with >1 feature of very high risk group of recurrent ACS (within 1 year) despite LDL-C <or = 50 mg/dl or poly vascular disease



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Patient Name : Mr MR.DUMMY	Sample Collected : Apr 26, 2024, 01:00 PM
DOB/Age/Gender : 23 Y/Male	Report Date : May 09, 2024, 09:44 AM.
Patient ID / UHID : 8053330/RCL7249378	Barcode No : ZC669294
Referred By : Dr. Dr. X	Report Status : Final Report
Sample Type : Serum	

Test Description	Value(s)	Unit(s)	Reference Range
Very High Risk	1.Established ASCVD 2.Diabetes with 2 major risk factors of evidence of end organ damage 3. Familial Homozygous Hypercholesterolemia		
High Risk	1. Three major ASCVD risk factors 2. Diabetes with 1 major risk factor or no evidence of end organ damage 3. CHD stage 3B or 4. 4 LDL >190 mg/dl 5. Extreme of a single risk factor 6. Coronary Artery Calcium - CAC > 300 AU 7. Lipoprotein a >= 50 mg/dl 8. Non stenotic carotid plaque		
Moderate Risk	2 major ASCVD risk factors		
Low Risk	0-1 major ASCVD risk factors		
Major ASCVD (Atherosclerotic cardiovascular disease) Risk Factors			
1. Age >=45 years in Males & >= 55 years in Females	3. Current Cigarette smoking or tobacco use		
2. Family history of premature ASCVD	4. High blood pressure		
5. Low HDL			

Newer treatment goals and statin initiation thresholds based on the risk categories proposed by Lipid Association of India in 2020.

Risk Group	Treatment Goals		Consider Drug Therapy	
	LDL-C (mg/dl)	Non-HDL (mg/dl)	LDL-C (mg/dl)	Non-HDL (mg/dl)
Extreme Risk Group Category A	<50 (Optional goal <OR = 30)	<80 (Optional goal <OR = 60)	>OR = 50	>OR = 80
Extreme Risk Group Category B	>OR = 30	>OR = 60	> 30	> 60
Very High Risk	<50	<80	>OR = 50	>OR = 80
High Risk	<70	<100	>OR = 70	>OR = 100
Moderate Risk	<100	<130	>OR = 100	>OR = 130
Low Risk	<100	<130	>OR = 130*	>OR = 160

* After an adequate non-pharmacological intervention for at least 3 months.

References : Management of Dyslipidaemia for the Prevention of Stroke : Clinical practice Recommendations from the Lipid Association of India. Current Vascular Pharmacology,2022,20,134-155.

*** End Of Report ***

Disclaimer: Method given in report are only indicative and can be changed depending upon type of machine and kit available at time of testing.

Not all tests at all locations are under NABL scope. Availability of tests under NABL scope varies from lab to lab.



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2. It is to be presumed that the tests performed pertain to the specimen/sample attributed to the Customer's name or identification. It is presumed that the verification particulars have been cleared out by the customer or his/her representation at the point of generation of said specimen / sample. It is hereby clarified that the reports furnished are restricted solely to the given specimen only.
3. It is to be noted that variations in results may occur between different laboratories and over time, even for the same parameter for the same Customer. The assays are performed and conducted in accordance with standard procedures, and the reported outcomes are contingent on the specific individual assay methods and equipment(s) used, as well as the quality of the received specimen.
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