

smart Health Report

An Insightful Health Analytics Report
for Easier Understanding



Prepared For

Mr Mr.Dummy

M 23

Name
Mr Mr.Dummy

Patient ID
8053251

Gender
M

Age
23

Health Summary



BLOOD COUNTS

Everything looks good



THYROID PROFILE

Everything looks good



LIPID PROFILE

Everything looks good



DIABETES MONITORING

Everything looks good



KIDNEY PROFILE

Test Name	Result
Uric Acid	1.0
Please Watchout	



LIVER PROFILE

Everything looks good



ANEMIA STUDIES

Hemoglobin	13.4
Everything looks good	



VITAMIN PROFILE

Vitamin D 25 - Hydroxy	56
Everything looks good	



MINERAL PROFILE

Everything looks good



Patient Name : Mr Mr.Dummy	Sample Collected : Apr 26, 2024, 01:00 PM	 NABL-M(EL)T-00456
DOB/Age/Gender : 23 Y/Male	Report Date : Jun 01, 2024, 01:25 PM.	
Patient ID / UHID : 8053251/RCL7247928	Barcode No : HY730710	
Referred By : Dr. Dr. X	Report Status : Final Report	
Sample Type : Whole blood EDTA		

Test Description	Value(s)	Unit(s)	Reference Range
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One-Plus-One Winter Special Package

Complete Blood Count (CBC)

RBC Parameters			
Hemoglobin	13.4		
RBC Count	4.9		
PCV	44.9		
MCV	90.8		
MCH	27.1		
MCHC	29.8		
RDW (CV) *	14.2		
RDW-SD *	45.6		
WBC Parameters			
TLC	3.9		
Differential Leucocyte Count			
Neutrophils	52		
Lymphocytes	35		
Monocytes	8		
Eosinophils	5		
Basophils	0		
Absolute Leukocyte Counts			
Neutrophils.	2.03		
Lymphocytes.	1.37		
Monocytes.	0.31		
Eosinophils.	0.2		
Basophils.	0		
Platelet Parameters			
Platelet Count	130		
Mean Platelet Volume (MPV) *	13		
PCT *	0.1		
PDW *	18.1		
P-LCR *	47		
P-LCC *	45		
Mentzer Index *	18.53		
Interpretation: CBC provides information about red cells, white cells and platelets. Results are useful in the diagnosis of anemia, infections, leukemias, clotting disorders and many other medical conditions.			

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Patient Name : Mr Mr.Dummy	DOB/Age/Gender : 23 Y/Male	Sample Collected : Apr 26, 2024, 01:00 PM
Patient ID / UHID : 8053251/RCL7247928	Report Date : Jun 01, 2024, 01:04 PM.	
Referred By : Dr. Dr. X	Barcode No : HY730710	
Sample Type : Whole blood EDTA	Report Status : Final Report	

Test Description	Value(s)	Unit(s)	Reference Range
Erythrocyte Sedimentation Rate (ESR)			
ESR - Erythrocyte Sedimentation Rate <i>MODIFIED WESTERGREN</i>	8	mm/hr	0 - 10

Interpretation:
 ESR is also known as Erythrocyte Sedimentation Rate. An ESR test is used to assess inflammation in the body. Many conditions can cause an abnormal ESR, so an ESR test is typically used with other tests to diagnose and monitor different diseases. An elevated ESR may occur in inflammatory conditions including infection, rheumatoid arthritis, systemic vasculitis, anemia, multiple myeloma, etc. Low levels are typically seen in congestive heart failure, polycythemia, sickle cell anemia, hypo fibrinogenemia, etc.

AGE	MALE	FEMALE
1 DAY	0-2	0-2
2 - 7 DAYS	0-4	0-4
8 - 14 DAYS	0-17	0-17
15 DAYS - 17 YEARS	0-20	0-20
18 - 50 YEARS	0-10	0-12
51- 60 YEARS	0-12	0-19
61 - 70 YEARS	0-14	0-20
71 - 100 YEARS	0-30	0-35

Reference- Dacie and lewis practical hematology

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Referred By : Dr. Dr. X	Report Status : Final Report
Sample Type : Whole blood EDTA	

Test Description	Value(s)	Unit(s)	Reference Range
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HbA1C (Glycosylated Haemoglobin)

Glycosylated Hemoglobin (HbA1c) <i>HPLC</i>	4.6	%	< 5.7
Estimated Average Glucose	85.32	mg/dL	Refer Table Below

Interpretation:

Interpretation For HbA1c% As per American Diabetes Association (ADA)

Reference Group	HbA1c in %
Non diabetic adults >=18 years	<5.7
At risk (Prediabetes)	5.7 - 6.4
Diagnosing Diabetes	>= 6.5
Therapeutic goals for glycemic control	Age > 19 years Goal of therapy: < 7.0 Age < 19 years Goal of therapy: <7.5

Note:

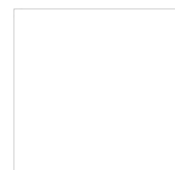
- Since HbA1c reflects long term fluctuations in the blood glucose concentration, a diabetic patient who is recently under good control may still have a high concentration of HbA1c. Converse is true for a diabetic previously under good control but now poorly controlled.
- Target goals of < 7.0 % may be beneficial in patients with short duration of diabetes, long life expectancy and no significant cardiovascular disease. In patients with significant complications of diabetes, limited life expectancy or extensive co-morbid conditions, targeting a goal of < 7.0 % may not be appropriate.

Comments :

HbA1c provides an index of average blood glucose levels over the past 8 - 12 weeks and is a much better indicator of long term glycemic control as compared to blood and urinary glucose determinations ADA criteria for correlation between HbA1c & Mean plasma glucose levels.

HbA1c(%)	Mean Plasma Glucose (mg/dL)	HbA1c(%)	Mean Plasma Glucose (mg/dL)
6	126	12	298
8	183	14	355
10	240	16	413

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DOB/Age/Gender : 23 Y/Male	Report Date : Jun 01, 2024, 01:04 PM.	
Patient ID / UHID : 8053251/RCL7247928	Barcode No : ZD005767	
Referred By : Dr. Dr. X	Report Status : Final Report	
Sample Type : FLUORIDE F		

Test Description	Value(s)	Unit(s)	Reference Range
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Glucose Fasting (BSF)

Glucose Fasting <i>Hexokinase</i>	85.2	mg/dL	< 100 mg/dL: Normal 100–125 mg/dL: Prediabetes ≥126 mg/dL: Diabetes
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Interpretation:

Status	Fasting plasma glucose in mg/dL
Normal	<100
Impaired fasting glucose	100 - 125
Diabetes	≥126

Reference : American Diabetes Association

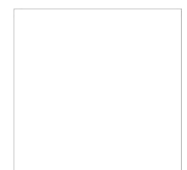
Comment :

Blood glucose determinations are commonly used as an aid in the diagnosis and treatment of diabetes. Elevated glucose levels (hyperglycemia) may also occur with pancreatic neoplasm, hyperthyroidism, and adrenal cortical hyper function as well as other disorders. Decreased glucose levels (hypoglycemia) may result from excessive insulin therapy, insulinoma, or various liver diseases.

Note

- The diagnosis of Diabetes requires a fasting plasma glucose of ≥ 126 mg/dL or a random / 2 hour plasma glucose value of ≥ 200 mg/dL with symptoms of diabetes mellitus.
- Very high glucose levels (>450 mg/dL in adults) may result in Diabetic Ketoacidosis.

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 DOB/Age/Gender : 23 Y/Male
 Patient ID / UHID : 8053251/RCL7247928
 Referred By : Dr. Dr. X
 Sample Type : Serum

Sample Collected : Apr 26, 2024, 01:00 PM
 Report Date : Jun 01, 2024, 01:13 PM.
 Barcode No : ZD005766
 Report Status : Final Report



Test Description	Value(s)	Unit(s)	Reference Range
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Liver Function Test (LFT)

Bilirubin Total <i>Diazo with Sulphanilic acid</i>	1.1	mg/dL	0.2 - 1.2
Bilirubin Direct * <i>Diazonium</i>	0.5	mg/dL	0.0 - 0.5
Bilirubin Indirect * <i>Calculation (T Bil - D Bil)</i>	0.6	mg/dL	0.1 - 1.0
SGOT/AST <i>IFCC without P5P</i>	25	U/L	5 - 35
SGPT/ALT <i>IFCC without P5P</i>	21	U/L	5 - 45
SGOT/SGPT Ratio *	1.19	-	-
Alkaline Phosphatase <i>p-nitrophenyl Phosphate, AMP buffer</i>	113	U/L	20-130
Total Protein <i>Biuret</i>	7.2	g/dL	6.6 - 8.7
Albumin <i>BCG</i>	4.5	g/dL	3.8 - 5.0
Globulin * <i>Calculation (T.P - Albumin)</i>	2.7	g/dL	2.3 - 3.5
Albumin :Globulin Ratio * <i>Calculation (Albumin/Globulin)</i>	1.67	-	1.0 - 2.1
Gamma Glutamyl Transferase (GGT) * <i>Glupa C</i>	32	U/L	5 -40

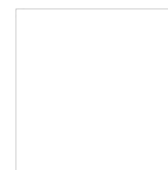
Interpretation:

The liver filters and processes blood as it circulates through the body. It metabolizes nutrients, detoxifies harmful substances, makes blood clotting proteins, and performs many other vital functions. The cells in the liver contain proteins called enzymes that drive these chemical reactions. When liver cells are damaged or destroyed, the enzymes in the cells leak out into the blood, where they can be measured by blood tests Liver tests check the blood for two main liver enzymes. Aspartate aminotransferase (AST),SGOT: The AST enzyme is also found in muscles and many other tissues besides the liver. Alanine aminotransferase (ALT), SGPT: ALT is almost exclusively found in the liver. If ALT and AST are found together in elevated amounts in the blood, liver damage is most likely present. Alkaline Phosphatase and GGT: Another of the liver's key functions is the production of bile, which helps digest fat. Bile flows through the liver in a system of small tubes (ducts), and is eventually stored in the gallbladder, under the liver. When bile flow is slow or blocked, blood levels of certain liver enzymes rise: Alkaline phosphatase Gamma-utamyl transpeptidase (GGT) Liver tests may check for any or all of these enzymes in the blood. Alkaline phosphatase is by far the most commonly tested of the three. If alkaline phosphatase and GGT are elevated, a problem with bile flow is most likely present. Bile flow problems can be due to a problem in the liver, the gallbladder, or the tubes connecting them. Proteins are important building blocks of all cells and tissues. Proteins are necessary for your body's growth, development, and health. Blood contains two classes of protein, albumin and globulin. Albumin proteins keep fluid from leaking out of blood vessels. Globulin proteins play an important role in your immune system. Low total protein may

Indicate:

- 1.Bleeding
- 2.Liver disorder
- 3.Malnutrition
- 4.Agammaglobulinemia High Protein levels 'Hyperproteinemia: May be seen in dehydration due to inadequate water intake or to excessive water loss (eg, severe vomiting, diarrhea, Addison's disease and diabetic acidosis) or as a result of increased production of proteins Low albumin levels may be

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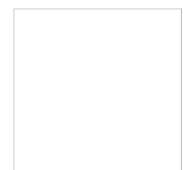
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DOB/Age/Gender : 23 Y/Male	Report Date : Jun 01, 2024, 01:13 PM.	
Patient ID / UHID : 8053251/RCL7247928	Barcode No : ZD005766	
Referred By : Dr. Dr. X	Report Status : Final Report	
Sample Type : Serum		

Test Description	Value(s)	Unit(s)	Reference Range
Caused by: 1.A poor diet (malnutrition). 2.Kidney disease. 3.Liver disease. High albumin levels may be caused by: Severe dehydration.			

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DOB/Age/Gender : 23 Y/Male	Report Date : Jun 01, 2024, 01:14 PM.	
Patient ID / UHID : 8053251/RCL7247928	Barcode No : ZD005766	
Referred By : Dr. Dr. X	Report Status : Final Report	
Sample Type : Serum		

Test Description	Value(s)	Unit(s)	Reference Range
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Kidney Function Test (KFT)

Blood Urea <i>Urea GLDH</i>	32	mg/dL	16.6 - 48.5
Creatinine <i>Modified Jaffe</i>	0.6	mg/dL	0.6 - 1.2
Bun * <i>Urease</i>	14.95	mg/dL	6 - 20
Bun/Creatinine Ratio *	24.92		
Urea / Creatinine Ratio *	53.33		
Uric Acid <i>Uricase</i>	1.0	mg/dL	3.5 - 7.2
Calcium Serum <i>O-Cresolphthalein Complex</i>	9.2	mg/dL	8.9 - 10.7
Phosphorus <i>Colorimetric - Phosphomolybdate Formation</i>	4.2	mg/dL	2.3 - 4.7
Sodium <i>Direct ISE</i>	145	mmol/L	135.0 - 145.0
Potassium <i>Direct ISE</i>	4.0	mmol/L	3.5 - 5.0
Chloride <i>Direct ISE</i>	101	mEq/L	95 - 107

Interpretation:
 Kidney function tests is a collective term for a variety of individual tests and procedures that can be done to evaluate how well the kidneys are functioning. Many conditions can affect the ability of the kidneys to carry out their vital functions. Some lead to a rapid (acute) decline in kidney function others lead to a gradual (chronic) decline in function. Both result in a buildup of toxic waste substance on urine samples, as well as on blood samples. A number of symptoms may indicate a problem with your kidneys. These include : high blood pressure, blood in urine frequent urges to urinate, difficulty beginning urination, painful urination, swelling in the hands and feet due to a buildup of fluids in the body. A single symptom may not mean something serious. However, when occurring simultaneously, these symptoms suggest that your kidneys are not working properly. Kidney function tests can help determine the reason. Electrolytes (sodium, potassium, and chloride) are present in the human body and the balancing act of the electrolytes in our bodies is essential for normal function of our cells and organs. There has to be a balance. Ionized calcium this test if you have signs of kidney or parathyroid disease. The test may also be done to monitor progress and treatment of these diseases.

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Test Description	Value(s)	Unit(s)	Reference Range
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Lipid Profile

Total Cholesterol <i>Enzymatic - Cholesterol Oxidase</i>	157	mg/dL	<200
Triglycerides <i>Colorimetric - Lip/Glycerol Kinase</i>	124	mg/dL	<150
HDL Cholesterol <i>Phosphotungstic acid- Enzymatic</i>	41	mg/dL	> 40
Non HDL Cholesterol * <i>Calculated</i>	116	mg/dL	<130
LDL Cholesterol * <i>Calculated</i>	91.2	mg/dL	<100
V.L.D.L Cholesterol * <i>Calculated</i>	24.8	mg/dL	< 30
Chol/HDL Ratio * <i>Calculated</i>	3.83	Ratio	3.5 - 5.0
HDL/ LDL Ratio * <i>Calculated</i>	0.45	Ratio	0.5 - 3.0
LDL/HDL Ratio * <i>Calculated</i>	2.22	Ratio	-

Interpretation:

Lipid level assessments must be made following 9 to 12 hours of fasting, otherwise assay results might lead to erroneous interpretation. NCEP recommends of 3 different samples to be drawn at intervals of 1 week for harmonizing biological variables that might be encountered in single assays.

National Lipid Association Recommendations (NLA-2014)	Total Cholesterol (mg/dL)	Triglyceride (mg/dL)	LDL Cholesterol (mg/dL)	Non HDL Cholesterol (mg/dL)
Optimal	<200	<150	<100	<130
Above Optimal			100-129	130 - 159
Borderline High	200-239	150-199	130-159	160 - 189
High	>=240	200-499	160-189	190 - 219
Very High	-	>=500	>=190	>=220

HDL Cholesterol	
Low	High
<40	>=60

Risk Stratification for ASCVD (Atherosclerotic Cardiovascular Disease) by Lipid Association of India.

Risk Category	A. CAD with > 1 feature of high risk group
Extreme risk group	B. CAD with >1 feature of very high risk group of recurrent ACS (within 1 year) despite LDL-C <or = 50 mg/dl or poly vascular disease
Very High Risk	1.Established ASCVD 2.Diabetes with 2 major risk factors of evidence of end organ damage 3. Familial Homozygous Hypercholesterolemia
	1. Three major ASCVD risk factors 2. Diabetes with 1 major risk factor or no evidence

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Referred By : Dr. Dr. X	Report Status : Final Report	
Sample Type : Serum		

Test Description	Value(s)	Unit(s)	Reference Range
High Risk	of end organ damage 3. CHD stage 3B or 4. 4 LDL >190 mg/dl 5. Extreme of a single risk factor 6. Coronary Artery Calcium - CAC > 300 AU 7. Lipoprotein a >= 50 mg/dl 8. Non stenotic carotid plaque		
Moderate Risk	2 major ASCVD risk factors		
Low Risk	0-1 major ASCVD risk factors		
Major ASCVD (Atherosclerotic cardiovascular disease) Risk Factors			
1. Age >=45 years in Males & >= 55 years in Females	3. Current Cigarette smoking or tobacco use		
2. Family history of premature ASCVD	4. High blood pressure		
5. Low HDL			

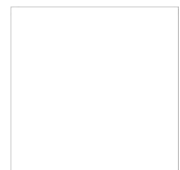
Newer treatment goals and statin initiation thresholds based on the risk categories proposed by Lipid Association of India in 2020.

Risk Group	Treatment Goals		Consider Drug Therapy	
	LDL-C (mg/dl)	Non-HDL (mg/dl)	LDL-C (mg/dl)	Non-HDL (mg/dl)
Extreme Risk Group Category A	<50 (Optional goal <OR = 30)	<80 (Optional goal <OR = 60)	>OR = 50	>OR = 80
Extreme Risk Group Category B	>OR = 30	>OR = 60	> 30	> 60
Very High Risk	<50	<80	>OR = 50	>OR = 80
High Risk	<70	<100	>OR = 70	>OR = 100
Moderate Risk	<100	<130	>OR = 100	>OR = 130
Low Risk	<100	<130	>OR = 130*	>OR = 160

* After an adequate non-pharmacological intervention for at least 3 months.

References : Management of Dyslipidaemia for the Prevention of Stroke : Clinical practice Recommendations from the Lipid Association of India. Current Vascular Pharmacology,2022,20,134-155.

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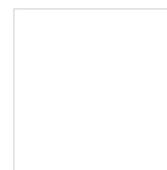
Iron Studies

Iron <i>Pyridyl azo dye</i>	120	µg/dL	33-193
TIBC,(Total Iron Binding Capacity) <i>Method :Spectrophotometric Assay</i>	354	µg/dL	250 - 450
UIBC	234	µg/dL	125 - 345
Transferrin Saturation <i>Derived from IRON and TIBC values</i>	33.9	%	14-50

Interpretation:

Increased levels due to iron ingestion or ineffective erythropoiesis. Decreased levels due to infection, inflammation, malignancy, menstruation and Fe deficiency. Needs to be taken into consideration with TIBC. Transferrin Saturation:- Low level Transferrin Saturation can indicate iron deficiency, erythropoiesis, infection, or inflammation. High level Transferrin Saturation can indicate recent ingestion of dietary iron, ineffective erythropoiesis, haemochromatosis or liver disease. High TIBC, UIBC, or transferrin usually indicates iron deficiency, but they are also increased in pregnancy and with the use of oral contraceptives. Low TIBC, UIBC, or transferrin may occur if someone has: Hemochromatosis, Certain types of anemia due to accumulated iron, Malnutrition, kidney disease that causes a loss of protein in urine.

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Referred By : Dr. Dr. X	Report Status : Final Report
Sample Type : Serum	

Test Description	Value(s)	Unit(s)	Reference Range
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C-Reactive Protein (CRP), Quantitative

CRP (Quantitative) <i>Immunoturbidimetry</i>	5.8	mg/L	<10
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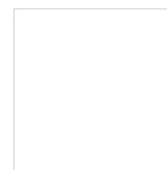
Interpretation:

Increased CRP level:

1. A high or increasing amount of CRP in the blood suggests the presence of inflammation but will not identify its location or the cause.
2. Suspected bacterial infection—a high CRP level can provide indication that patient has an infection.
3. Chronic inflammatory disease—high levels of CRP suggest a flare-up if you have a chronic inflammatory disease or that treatment has not been effective.

If the CRP level is initially elevated and drops, it means that the inflammation or infection is subsiding and/or responding to treatment.

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Processing Lab :- Redcliffe Lifetech Pvt. Ltd., 4B2 Basement & Ground Floor, Tilak Nagar, New Delhi-110018.

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Patient Name	: Mr Mr.Dummy	Sample Collected	: Apr 26, 2024, 01:00 PM
DOB/Age/Gender	: 23 Y/Male	Report Date	: Jun 01, 2024, 01:13 PM.
Patient ID / UHID	: 8053251/RCL7247928	Barcode No	: ZD005766
Referred By	: Dr. Dr. X	Report Status	: Final Report
Sample Type	: Serum		

Test Description	Value(s)	Unit(s)	Reference Range
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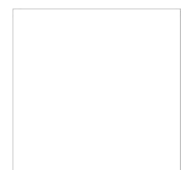
Rheumatoid Factor (RF), Quantitative

RHEUMATOID FACTOR, Quantitative <i>Immunoturbidimetry</i>	4.2	IU/mL	0 - 16
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Interpretation:

Approximately 85% of patients with Rheumatoid arthritis have detectable RA. It may also be seen in other medical conditions like Sjogren's syndrome and SLE.

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Patient ID / UHID : 8053251/RCL7247928	Barcode No : ZD005766
Referred By : Dr. Dr. X	Report Status : Final Report
Sample Type : Serum	

Test Description	Value(s)	Unit(s)	Reference Range
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Vitamin B12 / Cyanocobalamin

Vitamin - B12 ECLIA	543	pg/mL	-
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Interpretation:

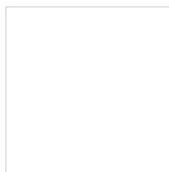
Low Values are a sign of a vitamin B12 deficiency. People with this deficiency are likely to have or develop symptoms. Causes of vitamin B12 deficiency include: Not enough vitamin B12 in diet (rare except with a strict vegetarian diet), Diseases that cause malabsorption (for example, celiac disease and Crohn's disease), Lack of intrinsic factor, Above normal heat production (for example, with hyperthyroidism), Pregnancy. Increased vitamin B12 levels are uncommon. Usually excess vitamin B12 is removed in the urine. Conditions that can increase B12 levels include: Liver disease (such as cirrhosis or hepatitis), Myeloproliferative disorders (for example, polycythemia vera and chronic myelocytic leukemia).

Vitamin B12: Low Levels can cause malabsorption, Lack of intrinsic factor, Above normal heat production (for example, with hyperthyroidism), Pregnancy. High Level Liver disease, Myeloproliferative disorders (for example, polycythemia vera and chronic myelocytic leukemia).

1. Out of 140 healthy indian population, 91% of Vitamin B 12 concentrations was at lower level: 59.00 pg/ml and upper level: 700.00 pg/ml

"Patients on Biotin supplement may have interference in some immunoassays. Ref: Arch Pathol Lab Med—Vol 141, November 2017. With individuals taking high dose Biotin (more than 5 mg per day) supplements, at least 8-hour wait time before blood draw is recommended."

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DOB/Age/Gender	: 23 Y/Male	Report Date	: Jun 01, 2024, 01:27 PM.
Patient ID / UHID	: 8053251/RCL7247928	Barcode No	: ZD005766
Referred By	: Dr. Dr. X	Report Status	: Final Report
Sample Type	: Serum		

Test Description	Value(s)	Unit(s)	Reference Range
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Vitamin D 25 Hydroxy

Vitamin D 25 - Hydroxy <i>ECLIA</i>	56	ng/mL	Deficiency : <30 ng/mL
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Interpretation:
 25-Hydroxy vitamin D represents the main body reservoir and transport form. Mild to moderate deficiency is associated with Osteoporosis / Secondary Hyperparathyroidism while severe deficiency causes Rickets in children and Osteomalacia in adults. Prevalence of Vitamin D deficiency is approximately >50% specially in the elderly. This assay is useful for diagnosis of vitamin D deficiency and Hypervitaminosis D. It is also used for differential diagnosis of causes of Rickets & Osteomalacia and for monitoring Vitamin D replacement therapy.

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Patient Name : Mr Mr.Dummy	Sample Collected : Apr 26, 2024, 01:00 PM
DOB/Age/Gender : 23 Y/Male	Report Date : Jun 01, 2024, 01:13 PM.
Patient ID / UHID : 8053251/RCL7247928	Barcode No : ZD005766
Referred By : Dr. Dr. X	Report Status : Final Report
Sample Type : Serum	

Test Description	Value(s)	Unit(s)	Reference Range
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Thyroid Profile Total

Triiodothyronine (T3) <i>ECLIA</i>	121	ng/dL	80 -200
Total Thyroxine (T4) <i>ECLIA</i>	12.1	g/dL	5.1 - 14.1
Thyroid Stimulating Hormone (Ultrasensitive) <i>Chemiluminescence Immuno Assay (CLIA)</i>	2.4	µIU/mL	0.4 - 4.2

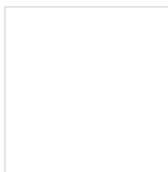
Interpretation:

Pregnancy	Reference ranges TSH
1 st Trimester	0.1 - 2.5
2 ed Trimester	0.2 - 3.0
3 rd Trimester	0.3 - 3.0

Primary malfunction of the thyroid gland may result in excessive (hyper) or below normal (hypo) release of T3 or T4. In addition as TSH directly affects thyroid function, malfunction of the pituitary or the hypo - thalamus influences the thyroid gland activity. Disease in any portion of the thyroid-pituitary-hypothalamus system may influence the levels of T3 and T4 in the blood. In primary hypothyroidism, TSH levels are significantly elevated, while in secondary and tertiary hypothyroidism, TSH levels may be low. In addition, in the Euthyroid Sick Syndrome, multiple alterations in serum thyroid function test findings have been recognized in patients with a wide variety of non-thyroidal illnesses (NTI) without evidence of preexisting thyroid or hypothalamic-pituitary diseases. Thyroid Binding Globulin (TBG) concentrations remain relatively constant in healthy individuals. However, pregnancy, excess estrogen's, androgen's, antibiotic steroids and glucocorticoids are known to alter TBG levels and may cause false thyroid values for Total T3 and T4 tests.

TSH	T4	T3	Interpretation
High	Normal	Normal	Mild (subclinical) hypothyroidism
High	Low	Low or Normal	Hypothyroidism
Low	Normal	Normal	Mild (subclinical) hyperthyroidism
Low	High or normal	High or normal	Hypothyroidism
Low	Low or normal	Low or normal	Nonthyroidal illness; pituitary (secondary) hypothyroidism
Normal	High	High	Thyroid hormone resistance syndrome (a mutation in the thyroid hormone receptor decreases thyroid hormone function)

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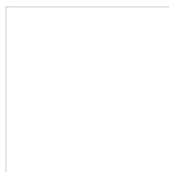
Patient Name	: Mr Mr.Dummy		
DOB/Age/Gender	: 23 Y/Male	Sample Collected	: Apr 26, 2024, 01:00 PM
Patient ID / UHID	: 8053251/RCL7247928	Report Date	: Jun 01, 2024, 01:13 PM.
Referred By	: Dr. Dr. X	Barcode No	: ZD005766
Sample Type	: Serum	Report Status	: Final Report
Test Description	Value(s)	Unit(s)	Reference Range

Immunoglobulin E (IgE Total)

IMMUNOGLOBULIN IgE TOTAL SERUM <i>ECLIA</i>	97	IU/mL	
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Interpretation:
 The level of serum IgE rises during childhood and reaches adult levels during the teens. IgE is the mediator of the allergic response. Patients with atopic disease, including allergic asthma, allergic rhinitis, and atopic dermatitis commonly have moderately elevated serum IgE levels. Total serum IgE levels may also be elevated in the presence of some clinical conditions that are not related to allergy. These clinical conditions include parasitic infections, immunodeficiency states, autoimmune diseases, Hodgkins disease, bronchopulmonary aspergillosis, IgE myeloma, and Sezary syndrome.

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Patient Name : Mr Mr.Dummy	Sample Collected : Apr 26, 2024, 01:00 PM	 NABL M(EL)T-00456
DOB/Age/Gender : 23 Y/Male	Report Date : Jun 01, 2024, 01:15 PM.	
Patient ID / UHID : 8053251/RCL7247928	Barcode No : YA705401	
Referred By : Dr. Dr. X	Report Status : Final Report	
Sample Type : Spot Urine		

Test Description	Value(s)	Unit(s)	Reference Range
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Urine Routine and Microscopic Examination

Physical Examination			
Volume *	20	mL	-
Colour *	Pale yellow	-	Pale yellow
Transparency *	Clear	-	Clear
Deposit *	Absent	-	Absent
Chemical Examination			
Reaction (pH) <i>Double Indicator</i>	5.5	-	4.5 - 8.0
Specific Gravity <i>Ion Exchange</i>	1.015	-	1.010 - 1.030
Urine Glucose (sugar)	Negative	-	Negative
Urine Protein (Albumin)	Negative	-	Negative
Urine Ketones (Acetone)	Negative	-	Negative
Blood	Negative	-	Negative
Leucocyte esterase	Negative	-	Negative
Bilirubin Urine	Negative	-	Negative
Nitrite <i>Griless Test</i>	Negative	-	Negative
Urobilinogen <i>Ehrlichs Test</i>	Normal	-	Normal
Microscopic Examination			
Pus Cells (WBCs) *	1-2	/hpf	0 - 5
Epithelial Cells *	1-2	/hpf	0 - 4
Red blood Cells *	Absent	/hpf	Absent
Crystals *	Absent	-	Absent
Cast *	Absent	-	Absent
Yeast Cells *	Absent	-	Absent
Amorphous deposits *	Absent	-	Absent
Bacteria *	Absent	-	Absent
Protozoa *	Absent	-	Absent

Interpretation:

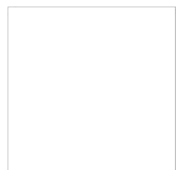
URINALYSIS- Routine urine analysis assists in screening and diagnosis of various metabolic, urological, kidney and liver disorders.

Protein: Elevated proteins can be an early sign of kidney disease. Urinary protein excretion can also be temporarily elevated by strenuous exercise, orthostatic proteinuria, dehydration, urinary tract infections and acute illness with fever

Glucose: Uncontrolled diabetes mellitus can lead to presence of glucose in urine. Other causes include pregnancy, hormonal disturbances, liver disease and certain medications.

Ketones: Uncontrolled diabetes mellitus can lead to presence of ketones in urine. Ketones can also be seen in starvation, frequent vomiting,

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Patient Name : Mr Mr.Dummy	Sample Collected : Apr 26, 2024, 01:00 PM	 NABL M(EL)T-00456
DOB/Age/Gender : 23 Y/Male	Report Date : Jun 01, 2024, 01:15 PM.	
Patient ID / UHID : 8053251/RCL7247928	Barcode No : YA705401	
Referred By : Dr. Dr. X	Report Status : Final Report	
Sample Type : Spot Urine		

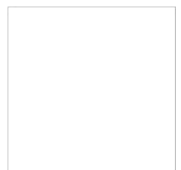
Test Description	Value(s)	Unit(s)	Reference Range
pregnancy and strenuous exercise.			
Blood: Occult blood can occur in urine as intact erythrocytes or haemoglobin, which can occur in various urological, nephrological and bleeding disorders.			
Leukocytes: An increase in leukocytes is an indication of inflammation in urinary tract or kidneys. Most common cause is bacterial urinary tract infection.			
Nitrite: Many bacteria give positive results when their number is high. Nitrite concentration during infection increases with length of time the urine specimen is retained in bladder prior to collection.			
pH: The kidneys play an important role in maintaining acid base balance of the body. Conditions of the body producing acidosis/ alkalosis or ingestion of certain type of food can affect the pH of urine.			
Specific gravity: Specific gravity gives an indication of how concentrated the urine is. Increased specific gravity is seen in conditions like dehydration, glycosuria and proteinuria while decreased specific gravity is seen in excessive fluid intake, renal failure and diabetes insipidus.			
Bilirubin: In certain liver diseases such as biliary obstruction or hepatitis, bilirubin gets excreted in urine.			
Urobilinogen: Positive results are seen in liver diseases like hepatitis and cirrhosis and in cases of haemolytic anaemia.			

*** End Of Report ***

Disclaimer: Method given in report are only indicative and can be changed depending upon type of machine and kit available at time of testing.

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2. It is to be presumed that the tests performed pertain to the specimen/sample attributed to the Customer's name or identification. It is presumed that the verification particulars have been cleared out by the customer or his/her representation at the point of generation of said specimen / sample. It is hereby clarified that the reports furnished are restricted solely to the given specimen only.
3. It is to be noted that variations in results may occur between different laboratories and over time, even for the same parameter for the same Customer. The assays are performed and conducted in accordance with standard procedures, and the reported outcomes are contingent on the specific individual assay methods and equipment(s) used, as well as the quality of the received specimen.
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5. The Customers assume full responsibility for apprising the Company of any factors that may impact the test finding. These factors, among others, includes dietary intake, alcohol, or medication / drug(s) consumption, or fasting. This list of factors is only representative and not exhaustive.

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Name
Mr Mr.Dummy

Patient ID
8053251

Gender
M

Age
23

Health Advisory

● Normal (N) ● Low (L) ● Borderline (BL) ● High (H)



Vitamins Profile

Vitamins are considered essential nutrients because they perform hundreds of roles in your body. They help maintain bones, heal wounds, and strengthen your immune system. They also convert food into energy, and repair cellular damage

Vitamin D 25 - Hydroxy: 56 ng/mL

Causes of Deficiency :



Insufficient dietary intake.



Malabsorption problem- Your digestive system can't absorb enough Vit D from food.



Less exposure to sunlight. Production of vit D from your skin depends upon your skin tone: Darker skin needs more exposure than lighter skin to produce equal amounts of Vit D. This happens because dark skin has natural protection against sunshine.



Medical conditions that affect the liver or kidney- Vit D is not sufficiently converted to its active form in your body.

Abnormal results may indicate :



Vit D deficiency is very common. Vit D deficiency is linked with many medical conditions including depression, type 2 diabetes, hypertension, cancer, bone pain and weak bones.





Immunity

Immunity is your body's ability to fight infection and protect your body from viruses and bacteria. When your immunity is weak, or your immune system does not work properly then it will result in you getting ill and some diseases like AIDS and HIV.

IMMUNOGLOBULIN IgE TOTAL SERUM: 97 IU/mL

Symptoms of allergy :



Nasal congestion or Runny nose, Sneezing.



Itching, Rashes, Swelling, Red and Watery eyes.



Asthma

Risk Factors :



Family history of allergic reactions.





Anemia Profile

Anemia is the condition where your body has less RBCs (red blood cells) or the RBCs don't have enough haemoglobin. Haemoglobin is the protein present in RBCs that help carry oxygen to your body's tissues.

Hemoglobin: 13.4_{gms%}

Abnormal results may indicate :



Anemia.

Diet and Lifestyle Tips :



Eat iron rich foods as iron is essential for the production of hemoglobin. Iron-rich foods include meat, fish, eggs and oysters, beans, lentils, dark green leafy vegetables (spinach, watercress, curly kale), broccoli, iron fortified cereals and dried fruits (apricots, prunes and raisins).



Avoid drinking tea and coffee with meals, and foods with high phytic acid, such as whole grain cereals, as they can affect digestive absorption of iron from your diet.



Your body absorbs iron from plant-based foods better when you eat them with vitamin-C rich foods, such as oranges, strawberries, melons, peppers and tomatoes.





Kidney Profile

This panel is used to check healthy functioning of your kidneys. Kidneys filter blood in your body to remove waste products - these waste products are produced when breakdown of proteins (present in food, muscles and other cells) occurs in the body to generate energy

Uric Acid: 1.0 mg/dL

● LOW



Abnormal results may indicate :

Your kidneys are not functioning properly. High levels of uric acid can lead to gout disease. Note: In gout, uric acid crystals get deposited in joints. Symptoms of gout are pain, redness, swelling in joints, especially in your big toe.

Did You Know?



Purine rich diet can increase production of uric acid in your body. Foods rich in purine include all meats but specifically organ meats (kidneys, liver), and seafood.



Beer can also increase uric acid levels by decreasing the excretory function of kidneys.



Heavy exercise can increase the production of uric acid in your body.

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